

Nkwazi

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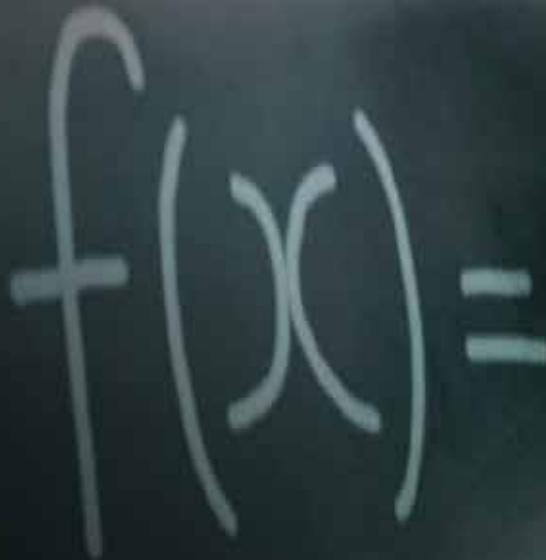


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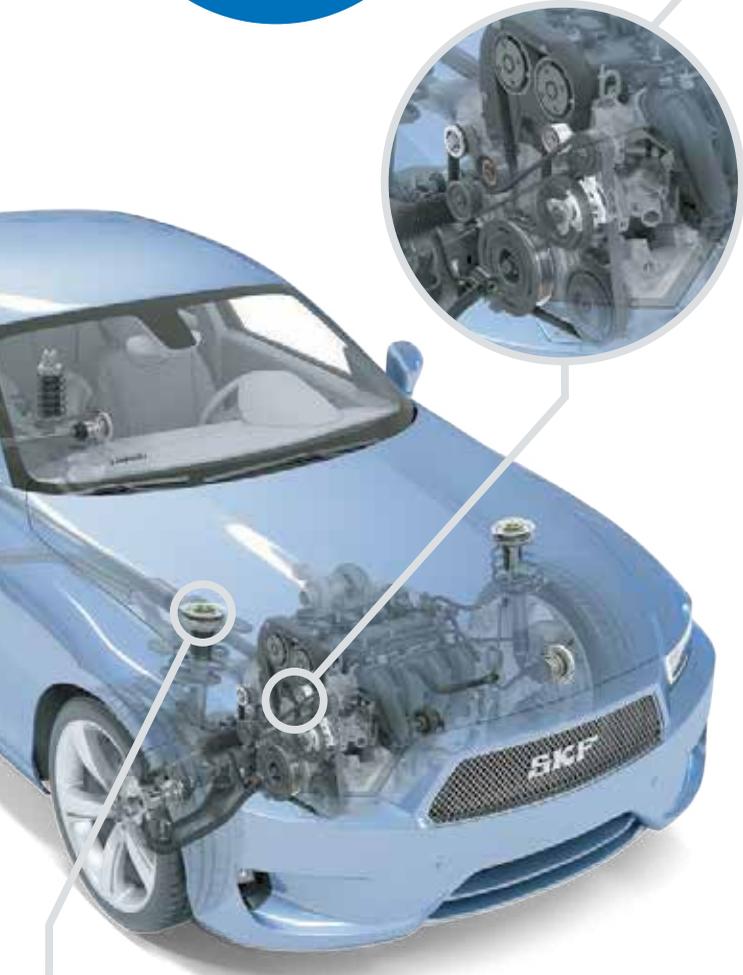


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COVER STORY:

Four years after he released his last album, Pompi is back with new music. We sat down with him to discuss his creative process and he feels his latest album is different from his previous offerings. (Image by Druberg Studios)

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SLOW AND STEADY

My plan to read at least one book a month in 2023 is not off to the greatest start. I'm writing this in February, and I'm about three-quarters of the way through my January read. My first book of the year is *Atomic Habits* by James Clear. It seems everyone and their grandma has read this book. It was all over my Instagram feed in 2022 and came highly recommended by several people, including one of our regular contributors. I generally steer clear of self-help books, but after multiple reviews and recommendations, I decided this one may be worth reading as I didn't get the impression it was full of hyperbolic, impractical, wishy-washy advice. (I also read another book in the self-help genre last year, *Ikigai*, and found it particularly useful. I've become more open to finding self-help books that suit my personality and needs.

Clear gives a comprehensive but simple guide to fostering good habits and breaking bad ones using small, incremental and actionable steps performed consistently. It's about getting one per cent better every day and building up good habits until they become a part of you. So maybe the fact that I am yet to finish the book is not the worst thing – it would be fantastic if I immediately read one book (or more) a month, but I am building a habit over time. Besides, the year is not over, and I certainly have adequate time to work towards my goals. To quote Clear, "True behaviour change is identity change...The goal is not to read a book but to become a reader."

I'm applying the step-by-step approach to other areas of life, such as health and fitness. For instance, I'm a few days into a 30-day yoga challenge. This is after I started off with a 5-day challenge and then proceeded to a 7-day challenge. This is my way of building up to a daily or near-daily practice. The value of regular small wins can't be understated. As these small wins eventually lead to more considerable successes over time.

Zambian music superstar Pompi employed this concept of taking small daily steps towards more considerable changes when he produced his latest album, which is out this March. Pompi read *Atomic Habits* and took its concepts to heart in his latest offering called Pole, Pole, Pole, pole means slowly, slowly in Swahili, a clue to the more conscientious, step-by-step approach Pompi took with his latest offering.

During the shoot for this edition's cover story (page 66), Pompi showed up with a copy of *Atomic Habits* to gift his media liaison. At that point, we got into a discussion about the book and its simple but powerful message. Pompi shared how he used the concepts in *Atomic Habits* when creating his new album, out in March. He talked about not focusing on writing the album quickly but instead writing lyrics little by little; there was no rush. He wrote consistently, not focused on completing songs in one sitting, and as he put it before he knew it, he had a complete album. And he owes his meticulous step-by-step approach to what he calls his best album ever to the applied concepts he learned from *Atomic Habits*.

It was reassuring to discuss with someone who had read the book I was reading and had seen success from applying its concepts to their lives. Some of our goals and circumstances may be different, but it makes me all the more hopeful that I can use positive habit-formation tools to create a better life. Many of us already know what we need to do to transform our lives; sometimes, we must find the correct road map. We may find it in books, through mentors or in numerous other ways. It is also essential to stay consistent with the steps on the road map we choose to follow.

I'll leave you with a quote from Clear, "If you want to master a habit, the key is to start with repetition, not perfection."

Bon courage!

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Dear Esteemed Passengers,

Welcome aboard. As Zambia's leading regional airline, Proflight Zambia is relaunching its direct Lusaka-Durban route starting from April 2023 as we pursue our ambition to expand our route network and business in the region.

Durban becomes the second international destination in South Africa serviced by Proflight. We will operate flights on Thursdays beginning April 6 and Sundays beginning April 16, with a special Tuesday flight on April 11 for Easter weekend returns. On other days, flights are available to Durban via our Johannesburg flights.

Flights depart Lusaka from Kenneth Kaunda International Airport at 09:00hrs, arriving in Durban at King Shaka International Airport at 11:30hrs. The return flight leaves Durban at 12:30hrs, arriving in Lusaka at 15:00hrs.

We are delighted to announce the relaunch of this important route. The Lusaka-Durban route was suspended in 2020 due to the COVID-19 pandemic. As an airline, we continue to follow health safety measures by adhering to public health guidelines on COVID-19 throughout the journey. The resumption of the Lusaka-Durban route is a clear indication of our commitment to growth and regional expansion. We believe this expansion will give our customers access to two key commercial centres in South Africa: Johannesburg and now Durban.

The route will be serviced by our CRJ-100 and CRJ-200 aircraft, providing our passengers with comfortable travel options. Durban enjoys significant demand for flights to South Africa and is South Africa's second most important manufacturing hub after Johannesburg, with numerous major multinational companies.

Durban is also South Africa's third largest city and one of its leading vacation destinations, with many attractions for visitors. Long beaches lapped by the warm Indian Ocean, a mild subtropical climate, and excellent infrastructure lure tourists by the millions. With our direct flights to Durban, you can experience Durban's rich multi-cultural heritage in the Zulu and Indian markets and culturally significant attractions, walk the beautifully manicured parks along the water and taste delicious Indian-influenced cuisine. Surfing is also one of the more popular things to do in Durban. We look forward to flying you to Durban soon. As the adage goes, 'The customer is not always right. But if you do not listen to them, your product won't be either.' Our customers asked for the relaunch of direct Durban flights, and we listened.

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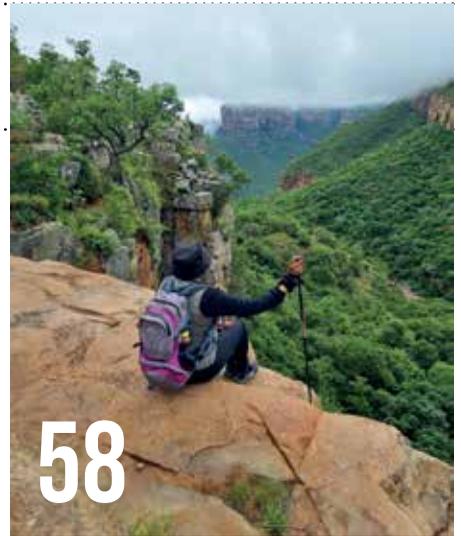
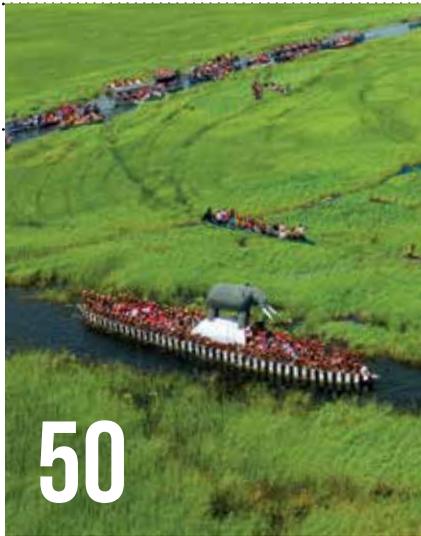


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Kabwata Cultural Village is Lusaka's ultimate curios market and it has a storied past behind it. Head to page 26 to learn more about this heritage site.

PLAN

MARCH | APRIL 2023



EVENT DETAILS:

Date: 25 March

Location: Ciêla Resort, Lusaka

Tickets:

K250 General

K1,500 VIP

K3,000 Golden Circle

YOUSSEU N'DOUR LIVE IN ZAMBIA

Alliance Française of Lusaka in collaboration with TotalEnergies Zambia and other sponsors bring you the biggest concert of the year. The legendary international artist and Grammy Award winner Youssou N'Dour is performing in Zambia for the first time!

Don't miss this unique and spectacular live show. Some amazing Zambian artists, including Angela Nyirenda, Moses Sakala, El Mukuka, and Mumba Yachi will be performing. Tickets are available at Alliance Française, the Quicket booth at East Park Mall, Ciêla Resort and online via the website, [Quicket.co.zm](https://quicket.co.zm)

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EVENT DETAILS:

Date: 1 April
 Location: The R&G Arena,
 Lusaka
 Tickets:
 Individual race K200
 Team/family race K800
 General entry K100

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INANDA JAZZ FESTIVAL

EVENT DETAILS:

Date: 29 April
 Location: Msinsi Inanda
 Dam, Durban.
 Tickets: TBA

Inanda Jazz Festival is an annual music festival which takes place at Inanda Dam, Durban staging the best entertainment for the jazz and blues lovers. Email inandajazzfestival@gmail.com or call +27 71 308 7603 for more information.



THREE QUEENS

The Museum of Women's History is happy to collaborate with Colour Culture and Alliance Française of Lusaka to bring the fourth season of the Leading Ladies podcast to the stage. Leading Ladies is an animated Zambian podcast web series that tells the stories of Zambian and African women in positions of leadership from the 16th century to the present day.

EVENT DETAILS:

Date: 11 March
 Location: Alliance Française of Lusaka
 Tickets: K100 Ordinary, K250 VIP



SOUTH AFRICAN TATTOO CONVENTION

There is something for you here whether or not you are a tattoo lover. Over 100 artists from 20 countries participate in this event, providing attendees with specialist tattooing in a variety of tattoo styles. The weekend sees performances from live bands, a beer tent, a bar, a selection of food trucks serving street food and a curated marketplace.

EVENT DETAILS:

Date: 24 - 26 March
 Location: 1Fox Newtown, Johannesburg
 Tickets: TBA



MUSIC COLOUR FESTIVAL

Digital Events brings to you one of the most anticipated events of the year, the Music Colour Festival 2023. Filled with lots of colours, good food, great music and all-around family entertainment this colourful festival is one you definitely can't afford to miss. Come dressed in plain white t-shirts ready to paint the capital city with bright and colourful powder.

EVENT DETAILS:

Date: 15 April
 Location: NASDEC Sports Complex
 Tickets: K100

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SINDABEZI ISLAND

THE ULTIMATE ECO ISLAND ESCAPE

Words by Natasha Parker

Images courtesy of Green Safaris and Spirited Pursuit



If you are hoping to tick one of the Seven Natural Wonders of the World from your bucket list, you no longer have to choose between style and sustainability when booking your holiday. With Green Safaris, your once-in-a-lifetime trip to Victoria Falls can be both sumptuous and ethical.

Sindabezi Island Camp by Green Safaris is an award-winning eco-lodge founded in 1992, just upstream of Victoria Falls in Zambia. Here, you can start your day with your toes in the sand as you dig into perfectly poached eggs while sipping on your second cappuccino and end the day under the stars as your private valet

brings you that last glass of red wine. In between, head out from Sindabezi to explore Victoria Falls by land (on a guided walk), by air (it is possible to book a helicopter or microlight flight over Victoria Falls itself) or even from within the waterfall itself (at certain times of year travellers can swim on the

EXPERIENCE

very edge, in the Devil's Pool). Other activities from the island include sunset cruises to island picnics, game drives in the Mosi-oa-Tunya National Park, to lounging by the plunge pool on Sindabezi while you read a book.

Sindabezi has only five open-sided chalets, making it possible to book the whole camp exclusively. What could be better, after all, than a private island with absolutely none of the



environmental guilt? The island runs entirely on solar power and has a state-of-the-art grey-water system that recycles your long showers right back into the Zambezi River.

Most of the fresh fruit, vegetables and herbs on your plate will come from a Green Safaris garden or farm. There is one found at Sindabezi's sister lodge, Tongabezi, just upstream, and also a Mukuni Community Farm, which the Green Safaris Conservation Foundation initiated close to Victoria Falls. The chefs and gardeners have worked together to create meals that are as marvellous for the planet as they are for your palate.

Each expansive, thatched room on Sindabezi Island comes complete with its unique view of the Zambezi River. Would you like the sunrise or the sunset chalet? Or perhaps you would prefer Chalet 3, which overlooks a popular hippopotamus hangout? Be sure to take advantage of the opportunity for an outdoor shower or bath; with only the birds for company, this is nature therapy for the soul.

You decide the rhythm of your own holiday on Sindabezi Island, where you can experience the tranquillity of a Zambian safari and the adventure of a Natural Wonder without leaving more than footprints behind when you leave.



WHERE?

Operated by Green Safaris in a location like no other, Sindabezi is an idyllic, eco-friendly camp on the Zambezi River. Enjoy incredible views of the Zambezi River floodplains and unwind amidst the peacefulness of this small, private island that's only 12 kilometres upstream from Victoria Falls.

Getting there is easy; fly into Livingstone Airport in Zambia and arrange a Green Safaris pick-up from there.

WHAT TO EXPERIENCE

- Explore Victoria Falls; venture into the Devil's Pool if you're brave enough.
- Dine in style on a sampan on the Zambezi River.
- Take a dip in Sindabezi's plunge pool.
- Hang out at the Sindabezi Sand Bar or head to one of the nearby islands for a picnic.
- Go fishing or grab some binoculars and go birdwatching.
- Engage with the local community through village tours and visits to the Mukuni Community Farm.
- All activities at Sindabezi's sister lodge, Tongabezi, are open to guests at Sindabezi.

BOOKING AND CONTACT

DETAILS:

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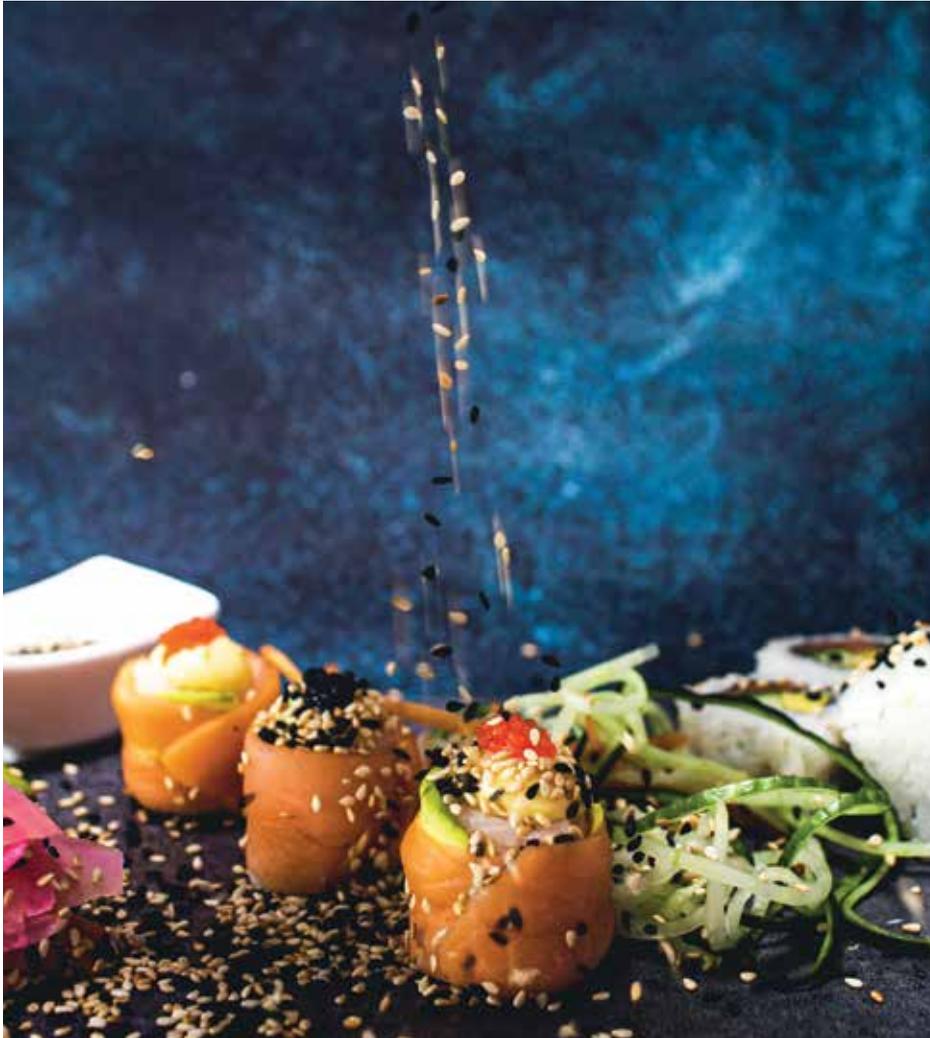


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PRIME CATCH

A NIGHT OF CULINARY ARTISTRY

Words by Nampwa Inambao
Images courtesy of Prime Catch



A new restaurant catering to fish and seafood lovers, Prime Catch, is tucked away in the newest section of East Park Mall. I enjoyed a four-course dinner curated by Head Chef Michael, and I will tell you this was the best seafood experience I have had in Lusaka. And the cherry on top is that Prime Catch is wholly Zambian owned.

Prime Catch offers a calm, relaxing vibe with a marine theme running through its aesthetic. Diners come here to socialise and for business

meetings; the space is perfect for corporate lunches and dinners.

I was welcomed and ushered to my table by a lovely waitress, Dora, who was well-versed with the menu, friendly and an overall joy throughout the night.

My first drink of the night was the fat orange, a blood orange gin-based cocktail with peach, muddled mint and ginger ale. It is named after Chef Michael because, according to him, he is fat and loves oranges. And boy! Did the fat orange pack a punch. Prime Catch's house gin,

SUCCULENT SEAFOOD AND MORE

The recently opened Prime Catch is located at East Park Mall in Lusaka and has quickly become the go-to place for lovers of fresh fish and seafood dishes. From sushi to bream to poke bowls, gastronomes will find a large variety of food to choose from. Prime Catch also serves steaks, chicken dishes and vegetarian options. Prime Catch offers a range of decadent desserts for those with a sweet tooth. So, while the restaurant specialises in fish and seafood, Chef Michael accommodates all needs. But whatever you choose, you'll be hooked on Prime Catch's fare. There are both indoor and al fresco dining options available.

Prime Catch is a sister restaurant to Prime Joint, also located at East Park. Both Prime Catch and Prime Joint are proudly Zambian-owned.

NEW ADDITION

Prime Catch is a sister restaurant to Prime Joint, also located at East Park. Both Prime Catch and Prime Joint are proudly Zambian owned.

Whitley O'Neill, is a handcrafted premium gin inspired by the best flavours and ingredients from around the world, such as hibiscus and lemongrass. Gin lovers have a wide selection of gin-based cocktails to choose from.

For my starter, I had the Greek-style grilled Patagonia squid with lemon butter and fresh herbs. It was entirely delicious; I cleared every morsel off the plate.

Next, I had two sushi mains: Zam flame picked by chef Michael - crispy salmon rainbow rolls with avo, served with sweet chilli sauce. In an exciting display, flamed honey, vodka and soy were poured over the sushi and topped with shredded carrots and cucumber. This added an element of pageantry to my night; it was served with a show and smile. This was quite an entertaining experience, seeing sushi being torched right in front of me! More importantly, it was tasty and incredibly filling!

Dora suggested the catch crunch, with tempura and spicy mayo next, which was the night's showstopper. The sushi was so fresh and delicious that it exceeded my expectations. Aware of the two courses ahead, I decided not to finish the sushi, much to my regret later. With food that good, I could've certainly eaten it all.

To wash down the delicious sushi, Prime Catch's unique take on a strawberry daiquiri, the field of strawberries cocktail, had white rum, lime juice and frozen strawberries.

After that, I was served the river rump, a local take on 'surf & turf.' Chef Michael explained the name was a nod to the fact that we have rivers and not oceans in Zambia. The dish consisted of rump steak topped with three tiger prawns drizzled with garlic butter sauce and served with fries.

Next, I had the Richie rich cocktail, named after one of Prime Catch's bartenders - gin, lemongrass, honey, triple sec and lemon and lime!



The last and sweetest course of the night was the Ouma Linda - deconstructed spiced apple pie served with cinnamon Chantilly cream and ice cream. Art on a plate, the gorgeous presentation tantalised my tastebuds! The mouthwatering first bite of the warm apple pie paired with the biscuit crumble and cold ice cream felt like a flavour explosion. The dessert was decadent and comforting.

The consistency in the food and service had me wanting more! The entire experience was well worth it, from the exquisitely curated food meal to the quirky cocktail names and the cheeky decor bits. All dishes and drinks, as well as the service, were excellent throughout.



GOOD VIBES

Prime Catch isn't just about good food but also having a good time in an inviting and thoughtfully designed space. It has a casual, relaxed vibe and is ideal for social or business meetings. The aesthetics are minimalist quirky and playful. If you are looking for positive vibes, delicious food and excellent service, make Prime Catch your next stop!



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THE KABWATA CULTURAL VILLAGE

AN OVERLOOKED GEM

Words by Precious Mwansa-Chisha
Images by Kalichi Pictures



Kabwata is known for a lot of things. The plethora of salons, the fitment centre, which seems to be the most relied upon landmark (almost everyone who has given me directions has said “somewhere near Burma Fitment Centre”), the colourful high-rise flats, of course, and Kabwata Market as well. What you may not know, however, is that next to all these places lies a rich and beautiful repository of Zambia’s cultural heritage.

From the near-perfect grass thatched huts to the variety of artists from all over Zambia to the beautifully crafted pieces, this hidden gem clearly stands out from the rest of the neighbourhood it occupies. It has its roots in the colonial era, going as far back as 1930. The structures were built by the British and occupied by Zambian workers during the colonial period. These were typically men who had travelled to Lusaka for work and had left their families back in their hometowns and villages. In 1974, a decade after Zambia gained independence from the British, President Kenneth Kaunda had the structures preserved, and the site was declared a national monument. Thus, Kabwata Cultural Village was born. Its mission? To serve as a shared space for artists to showcase and market their work. It was also created to preserve and proudly display Zambian culture with artists from all ten provinces of Zambia. At the time it was opened, deliberate efforts were made to ensure all Zambian provinces were represented among the artisans, and this remains the case today.



Over time, the artists have learned from each other and developed skills collectively, learning techniques from different cultures across the country. This speaks to the power of community and how much further we can go when united. I am reminded of the mantra popularised by President Kaunda, “Tiyende pamodzi ndim’tima umo - Let us go as one, with one heart”.

Kabwata Cultural Village offers the ultimate curio shopping experience in Lusaka. It has an excellent selection of Afrocentric crafts, art, fabrics, clothing, jewellery, traditional masks



FAST FACTS & TIPS:

- Kabwata Cultural Village is a national monument managed by the Kabwata Visual Arts and Cultural Association and was opened in 1974, on a site that previously housed workers in the 1930s and 40s.
- Artisans from across Zambia produce and sell their wares on site, with some of them living there as well.
- Kabwata Cultural Village is arguably the best place in Lusaka to buy curios and souvenirs and you can buy direct from the people who make them.
- Located along Burma Road in the Kabwata neighbourhood, the cultural village is centrally located, not far from the CBD.
- The cultural village is open daily from 8 am to 6 pm.
- Cash is the preferred mode of payment; make sure you have enough on you.
- Be prepared to haggle.
- Speak to the artisans and ask questions about their pieces (materials, creative process, etc.)



Proflight operates regular flights into Lusaka from Johannesburg, Livingstone, Ndola, Mfuwe, Solwezi and Mansa. Visit flyzambia.com for the latest flight schedule.

and musical instruments. Items are relatively affordable, and to top it all off, you can interact with the artisans as they craft many of their goods on-site. You can even request customised items made to your preferred specifications.

When I first walked into the village, I didn't know what to expect. The first thing I noticed was the drums and outfits made from animal fur and skins like those worn during the Nc'wala ceremony, a thanksgiving festival of the Ngoni-speaking people. This brought back fond memories of my grandfather, a proud Ngoni man.

I continued down the path and saw the huts all facing each other in a circular formation. The warm and friendly smiles,

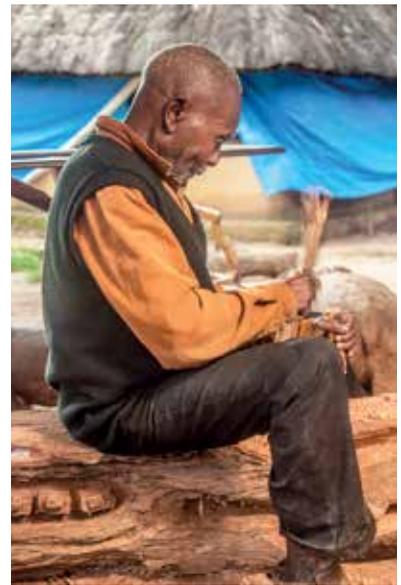


coupled with the enthusiastic greetings, felt almost otherworldly. I later learned that the placement of the huts was done deliberately to encourage unity and openness among the different artists. It's a nod to transparency and working together as a community.

I made my way, one hut at a time, trying to soak everything in. At first, it was almost overwhelming as there was so much to see. All the pieces seemed carefully thought out and well executed. The intricate details of what I saw were, dare I say, perfection.

I learned that some intricately crafted pieces were made from precious materials like copper and crystals and others from unusual ones such as bone. Almost all the pieces are handmade. Unsurprisingly, with technological advancements, artisans have begun to use machines to create and polish various crafts. They continue to evolve in their technique but remain true to their roots.

If you enjoy cooking like me, you'll appreciate the wonderfully crafted cooking tools like wooden spoons, mortars and pestles, forks and chopping boards. I fell in love with a beautiful mortar and pestle made of white wood and handmade aprons woven from different pieces of traditional fabric (chitenge). Then there was the stunning art. From the sculptures to the oil paint on canvas, browsing through them all



was therapeutic for me, it had a calming effect after a stressful week.

Further down the path are more huts and other structures that house the artists and their families. I was told they pay a minimal monthly fee to live within the village, allowing the artists some breathing room to focus on their art and put something on the table for their families.

The village is also home to a Tigwilizane Restaurant that serves up local cuisine, including nshima (of course) and various local, seasonal vegetables and meat dishes. You can take a break from browsing curios and sample traditional delicacies such as visashi (leafy greens in peanut sauce), game meat, village chicken (organic chicken) and vinkubala (caterpillars) in the relaxed and airy restaurant. Occasionally restaurant patrons are entertained by performances by traditional dancers.

Whether you're into fashion, music, food, jewellery or art, this place has something for everyone. The next time you're looking to get someone a gift, go souvenir shopping, or maybe need to unwind, check out Kabwata Cultural Village, the hidden gem. Whether you're a local or a tourist, Kabwata Cultural Village is worth visiting. During my visit, I spoke to a committee member dedicated to promoting the welfare of the artisans. He shared the hope that one day the cultural village will become a bucket list item for locals.



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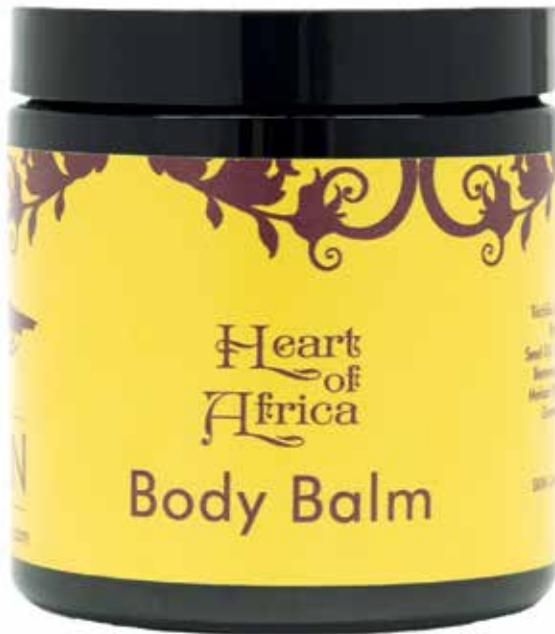
175 YEARS
Celebrating Life



THE HEART OF AFRICA BODY BALM

BY SKIN AFRICA

Image courtesy of SKIN Africa



It all started in 2011 with a bar of soap and a love for Africa's healing plants. What was initially meant for family use quickly became a passion project for the entire family, especially for the two women who own and still run it today.

SKIN Africa has grown into three different companies – SKIN Africa Cosmetics, Simply SKIN and SKIN Spa. SKIN Africa Cosmetics' mission is to create natural and uncomplicated cosmetics for the face and body, using African oils and herbs developed for the different needs of individual skin types.

SKIN Spa opened its doors in 2015 at Sandy's Creations, working with SKIN Africa Cosmetics to combine luxury spa treatments with a truly indulgent pampering experience.

The SKIN group is proudly Zambian and filled with the conviction that Africa's resources have a lot to offer to the world. One of its

signature products is the Heart of Africa Body Balm, which is not just 100 per cent natural but also offers a unique and luxurious body treatment in all spas or for self-care at home. The SKIN group pays homage to Africa with this luscious body balm. All the oils and kinds of butter used to create it, including the mafura butter, are sourced from Southern Africa. These ingredients are blended to celebrate Africa and its natural beauty. The body balm is rich and deeply hydrating, preventing dryness, improving elasticity and leaving skin silky smooth.

In line with their mission and vision, SKIN Africa and its spas empower their female Zambian employees through continuous training to become the best in their field.

SKIN, as it is commonly known, is a fast-growing community within Zambia and intends to spread its wings across the continent and beyond.

HOW MUCH?

Retailers set prices independently. Please check with them.

SKIN AFRICA'S TOP TIPS

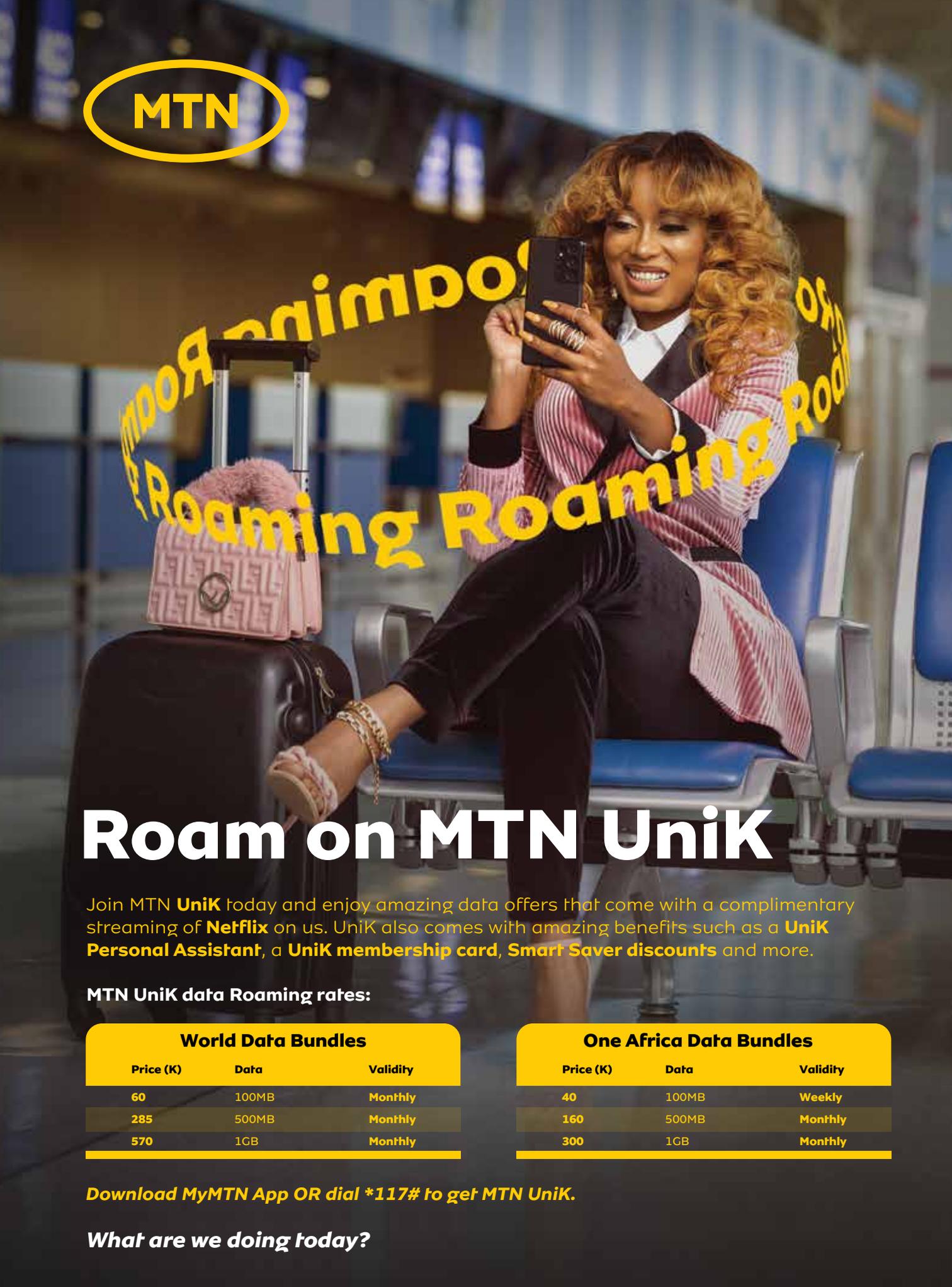
- Be gentle on your skin. Any harsh treatment will result in more bad than good, regardless of skin type.
- Consume a healthy diet; this way, you'll nourish your skin from the inside out.
- Use a toner (to provide additional cleansing and restore balance and hydration after you wash your face) and sunscreen (to protect against the harmful effects of the sun's UV rays).

FIND SKIN AFRICA COSMETICS

SKIN Cosmetics products can be found at the SKIN Spa at Sandy's Creations, Lusaka Collection, The Pantry (Leopards Hill), Bush Spa in Mfuwe, Tribal Textiles and Umoyo stores in Lusaka and Kitwe.
www.skinafrica.com
Info@skin africa.com
 Online store:
<http://shopskinafrica.com>
 SKIN Spa - Sandy's Creations:
 0965800890
 SKIN Spa - The Quorum:
 0763589041



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Price (K)	Data	Validity
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160	500MB	Monthly
300	1GB	Monthly

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What are we doing today?

LEAH KOOMA

RESILIENT, RESOLUTE, RESOURCEFUL

Words by Royd Kapesa
Images by Kalichi Pictures





For more than 20 years, MultiChoice Zambia and its hero product, DStv, have been at the centre of Zambian entertainment. DStv is a staple in scores of Zambian homes and fixtures on many household budgets. It brings together the best in entertainment, sports, movies and news in tailor-made packages that customers can choose from.

However, as consumer preferences evolve with the emergence of streaming services powered by lower data prices, MultiChoice Zambia faces its biggest challenge yet - how to stay on top of consumers' minds and remain the number one choice in entertainment.

Leah Kooma, a vibrant and charismatic managing director determined to win in the competitive market, leads the business through this transitory phase. I sat with Leah at Le Elementos Boutique Hotel in Lusaka's Rhodes Park area for an inspiring conversation about life and business.

Le Elementos Boutique Hotel offers luxury and exclusivity in a beautiful architectural finish. Guests can enjoy contemporary fusion cuisine with organic ingredients sourced directly from a local farm. Various room options suit business, leisure, and family stays. The hotel is located 1.3 kilometres from the iconic Manda Hill Mall, offering essentials that a guest might need. Our chat with

Leah included delicious meals from the hotel's signature restaurant, dubbed Le Restaurant.

Leah Kooma was raised on the Copperbelt. Her parents were teachers who placed a high value on education for Leah and her three brothers. "My parents were civil servants who started as teachers, lecturers and, eventually, administrators. Education was key in our household, which I have carried over into my household. We were a family of six, but we always accommodated cousins and uncles. That was a solid foundation for me; through that, I learned how to be accommodating of people, which has transferred into my work," she comments on her upbringing.

Leah would go on to attend Fatima Girls Secondary School and later earned an economics and development studies degree at the University of Zambia. Upon completion, Leah started her career as a cashier at Barclays Bank (now Absa Bank) in Ndola. After a two-year stint, she moved to Celtel (now Airtel) as a personal assistant with the plan to advance once she got her foot in the door. Later, Leah transferred to sales and marketing, and this is where her story kicked off.

For 11 years, Leah was on the cutting edge of Zambia's telecoms disruption. At Celtel, she helped pioneer the model



...IT IS IMPORTANT TO GIVE PEOPLE THE TOOLS THEY NEED TO GET THE JOB DONE AND LET THEM GET ON WITH IT. MY DOOR IS ALWAYS OPEN AND THEY SHOULD STILL BE ABLE TO COME TO ME WITH IDEAS AND CHALLENGES.

- Leah Kooma
MultiChoice Zambia MD

of selling SIM cards and affordable phones, increasing the mobile penetration rate among the underserved. On her first day in the field, 4,000 phones and sim cards were sold; later that year, her efforts helped to sell 300,000 low-cost handsets.

She was also part of the emergence of mobile money in Zambia, one of the most significant innovations of the last ten years. With the emergence of mobile money, marginalised groups now have access to financial services through their mobile phones. This has contributed to overall socio-economic development across the country, a point of

film industry through Zambezi Magic on DStv and GOtv. The channel is viewed within the Southern African region, and Zambians produce over 90% of its content in Zambia. The production of a popular show such as *Mpali*, *Zuba* and many more brings together various resources such as catering, design, tailoring, camera work and makeup, to name a few, all of which contribute to the country's economic development.

Furthermore, the company is enriching lives through the MultiChoice Talent Factory (MTF), which has its hub in Zambia. MTF brings together youth from across Southern Africa



pride for Leah. She also worked in Kenya for a year on secondment and during that time she also took on opportunities to work in Tanzania, Malawi, Uganda, Ghana, Nigeria, Sierra Leone and Zambia.

Today, Leah is leading a team on a mission to fulfil the MultiChoice brand promise of 'Enriching Lives'. While the production and distribution of content are the tangible outputs of this mission, the background is where the real work takes place. Content delivery involves partnerships with over 700 touchpoints across the value chain. Furthermore, there are also over 300 direct sales agents and around 250 installers that are core to the delivery of content to the customer's screens.

MultiChoice has been at the centre of transforming Zambia's budding local TV and

to Zambia and provides a platform for the creative industries to develop their talent and engage with one another through their shared passions. 7 out of the 20 participants from each cohort are Zambians trained in production aspects such as cinematography, video production, editing and script writing. MTF graduates are integrated into the economy and become valuable contributors to economic development. MTF graduates have set up their own production companies, becoming employers and taxpayers who contribute to the country's GDP.

Leah describes herself as an empathetic leader that aims to build open relationships with her team. Reflecting on her leadership style, she says, "what is important is to ensure that people understand the goal and objective we strive to achieve. It is important to give them the tools they need to get the job done and let

PIONEER

Before cell phones were a staple item, Leah Kooma was on the cutting edge of Zambia's telecoms disruption, working for Celtel Zambia (now Airtel Zambia) for over a decade. She was also involved in the country's first foray into introducing mobile money services.

LEADING THROUGH A NEW ERA

Leah became managing director of MultiChoice Zambia in 2021, in the thick of the COVID-19 pandemic, successfully leading her staff as they adapted to unprecedented times. She has also led MultiChoice Zambia as it navigates a new landscape where streaming services are becoming increasingly popular and presenting a challenge to traditional TV. Before serving as Multichoice MD, Leah was the organisation's chief customer officer.

ENRICHING LIVES

Leah stresses the importance of the local TV and film industry and its economic impact. Beyond actors, from satellite dish installers to tailors making costumes for shows to makeup artists, the potential for the industry to contribute to employment is vast.

CREATIVE OUTLET

Outside of work, Leah dabbles in interior design and has a diploma in the field.

them get on with it. My door is always open and they should still be able to come to me with ideas and challenges."

This was put to the test when Leah became managing director after the onset of COVID-19. She steered her team through the disruption caused by the pandemic and today is leading through the challenge posed by streaming services in Zambia. MultiChoice has introduced ShowMax (an online video-on-demand subscription service) as a challenger, increasing its uptake among Zambians. "We had to adapt and ensure that we provide tools for our people to deliver at home. We never thought we would run a call centre from home, but we did that for over a year, and we managed to keep the product relevant by improving the app for people to make payments from home and enjoy uninterrupted service," Leah says on the impact of COVID-19.

Leah Kooma's story is incomplete without explaining a pivotal health scare she suffered in 2010, which gave her a fresh perspective and renewed determination. She was diagnosed with a rare, potentially fatal congenital heart condition which was successfully treated in South Africa. Reflecting on this battle, Leah says, "I said to myself that if I can survive this, I can survive anything that life throws at me. Whenever a challenge arises, I tackle it to the best of my ability. When you look at my career, my aim has always been to do things exceptionally well, and I am very proud of that. I share this story with people to teach the importance of determination in life."

Leah is a wife and mother of three and sees the support of her family as central to her success. She ensures she spends time with her family despite her busy schedule. "I make sure that I do a school run every single day; I use that time to bond with my son and check in with him. Over the weekends, I rejuvenate and spend time with my family. It would help



I SEE A LOT OF OPPORTUNITIES IN THIS COUNTRY AND SOMETIMES WE DON'T SEE IT OR APPRECIATE IT.

- Leah Kooma
MultiChoice Zambia MD

if you decided to start and stop deliberately. Family is very important to me. My husband, children, my parents and brothers are a big part of my journey. Every decision I make involves thinking about how it will impact them. I always consider the bigger picture."

Leah also cultivates a love for interior design and has completed a diploma in the craft. Looking forward, Leah is excited to continue leading her team at MultiChoice Zambia and building on its legacy of enriching lives. She is also enthusiastic about the future of Zambia in the next five years and the opportunities that lie ahead. "I see a lot of opportunities in this country and sometimes we don't see it or appreciate it. We have the potential to be a bigger and leading African country. We have all the resources and talents. If each of us can work and ensure that we positively impact the next person, we will have a better country."



+ LE ELEMENTOS BOUTIQUE HOTEL

Le Elementos has two world-class restaurants – Le Restaurant and Le Deck Bar. Le Restaurant offers contemporary fusion cuisine. This elegant venue is perfect for exclusive events and dinners. The Le Deck menu offers a more casual menu with meal options ranging from signature sandwiches to burgers made with their special patty. It has a selection of light meals to more filling main dishes.

CONGRATULATIONS TO THE GRADUATION CLASS OF 2022

TRIDENT COLLEGE

ENGAGE ENLIGHTEN EMPOWER



Once again, the Trident College A Level class of 2022 has exceeded all expectations, producing outstanding results which reflect the special nature of their year group.

It is vital to note that, despite the lingering spectre of COVID-19, 98% of the cohort passed every exam, and a record 84% of the results exceeded the significant benchmark of a C or higher symbol. Even more remarkably, 47% of this group achieved straight A or A* awards- fantastic news for the College and our students and just reward for their diligence and motivation to excel.

This is an exceptionally strong set of results which once again confirms Trident College's status among the top schools in southern Africa.



Name: **MWANGO KAYAYI**
Results: **3 A*s in Chemistry, Mathematics & Physics**
Destination & Degree: **Cyprus International University or UNZA to pursue Mechanical Engineering or Mechanical Engineering**

What have you enjoyed most about your time at Trident?

What I enjoyed most about Trident is the food and the feeling of community and brotherhood I formed with my comrades.

What would you like to be doing in ten years time?

I see myself not working as an engineer but owning my own private business.



Name: **CHILOMBO KASWEKA**
Results: **3 A*s in Biology, Chemistry & Mathematics**
Destination & Degree: **Study Medicine at UNZA**

What have you enjoyed most about your time at Trident?

Trident gave me a chance to discover my talents, develop interest in sports, culture and service, to meet people from different backgrounds with whom I created great relationships.

What would you like to be doing in ten years time?

I will be studying Orthopedic surgery having already obtained my degree in Medicine and having fun.



Name: **TWALAINI MUTAMBO**
Results: **3 A*s in Chemistry, Mathematics & Physics**
Destination & Degree: **UK to study Computer Engineering**

What have you enjoyed most about your time at Trident?

The work and play balance that Trident has. I enjoyed all the activities that got people together to interact and have fun.

What would you like to be doing in ten years time?

Developing new technologies at a large tech company.



Name: **KUWUNDA ADRICK LUWAYA**
Results: **2A*s & 2 As in Biology, Chemistry, Mathematics & Physics**
Destination & Degree: **UNZA to study Civil Engineering**

What have you enjoyed most about your time at Trident?

What I enjoyed most at trident were the friendships I made over the years and all the moments we shared together both in class and in the boarding houses. I enjoyed the various camps we went on and all facilities provided to us such as the pool table and table tennis. And finally, I loved all my teachers.

What would you like to be doing in ten years time?

I hope to have gained enough experience working at a top company to start my own engineering/construction company.



Name: **MBAWEME KANSEMBE**
Results: **2A*s & 1A in Biology, Chemistry & Mathematics**
Destination & Degree: **UNZA or UK to study Medicine**

What have you enjoyed most about your time at Trident?

I really enjoyed being exposed to the different lifestyles people lead spanning from cultural to behavioral differences, it helped me learn more about myself.

What would you like to be doing in ten years time?

Specializing in plastic surgery to make what's good even better.



Name: **VITUMBIKO KABANDAMA**
Results: **1A* & 3As in Chemistry, Biology, Mathematics & Physics**
Destination & Degree: **South Africa to study Actuarial Science**

What have you enjoyed most about your time at Trident?

What I enjoyed about trident the most was the growth I experienced, socializing with friends and the different activities the school had.

What would you like to be doing in ten years time?

I hope to obtain a PhD in Actuarial Science and be rich.

Trident is committed to providing students with a broad, value-based education. To balance our outstanding academics, our co-curricular programme emphasizes the environment and leadership. Students have the opportunity to learn a broad range of sports, and also take part in outdoor education, Arts and cultural activities. Community Service is a key pillar of our Trident education.

For more information Call: +260 962 555 363 or Email: eunice.mbazima@trident-college.com, or visit our website www.trident-college.com.



Name: TAIZYA CLIFF SIKASOTE

Results: 1 A* & 2As in Mathematics, Chemistry & Physics

Destination & Degree: University of Cape Town to study Mechanical Engineering

What have you enjoyed most about your time at Trident?

I participated in many activities which I didn't see myself doing. I had the freedom to express myself as well as make great friends and enjoyed some wonderful memories with them

What would you like to be doing in ten years time?

I would like to obtain a masters degree in Mechanical Engineering and become a full time member of the speed force.



Name: MWILA NYONDO

Results: 1 A* & 2 As in Chemistry, Mathematics & Physics

Destination & Degree: UNZA to study Civil Engineering

What have you enjoyed most about your time at Trident?

Being part of the Trident community taught me how to be more confident, I really enjoyed taking part in the various activities especially the Eisteddfod and cultural events as I learnt a lot. Further more I love the fact that the school helped me grow not only academically but spiritually and as an athlete.

What would you like to be doing in ten years time?

Hopefully start my second venture of studying Law and running my own business.



Name: BWALYA GEORGE MUSA-KANYA

Results: 2 A*s & 1 B in Business, Economics & Mathematics

Destination & Degree: Loughborough University to study Business Analytics

What have you enjoyed most about your time at Trident?

The agglomeration of talent, how people could be so good at many things. So that is something I tried to mirror.

What would you like to be doing in ten years time?

Hopefully working at a major sports club.



Name: MUTALE MUSONDA

Results: 3 As in Chemistry, Mathematics & Physics

Destination & Degree: University of Cape Town to study Mechanical Engineering.

What have you enjoyed most about your time at Trident?

Trident College gives you ability to mix work and leisure in order to make you a well rounded person

What would you like to be doing in ten years time?

Being a person who serves the people through my political aspirations



Name: ABEL MULONGA

Results: 1A*, 1A & 1B in Physics, Chemistry & Biology

Destination & Degree: Electrical a& Electronics Engineering at the UNZA.

What have you enjoyed most about your time at Trident?

While at Trident, I met a great and amazing team of supportive teachers that helped me develop in all aspects of my life. I enjoyed trying new things such as swimming and kayaking and sharpening my skills in Basketball. I met great friends and formed memories that I never thought I would.

What would you like to be doing in ten years time?

I see myself furthering my education in Electrical Engineering, working to solve the problems we're facing in the energy sector.



Name: RENEE SUSAN DU TOIT

Results: 1A*, 1A & 1B in Chemistry, Physics & Mathematics

Destination & Degree: Taking a gap year in South Africa.

What have you enjoyed most about your time at Trident?

What I enjoyed the most at Trident was the friendships made.

What would you like to be doing in ten years time?

I would like to be teaching in ten years time.



Name: TIONECHI KILEMBE

Results: 2As & 1B in Geography, Physics & Mathematics

Destination & Degree: UNZA to study computer science

What have you enjoyed most about your time at Trident?

I really enjoyed the insistent culture of evolution and growth. I was never allowed to rest on my laurels and I am eternally grateful for that!

What would you like to be doing in ten years time?

Hopefully working on major triple A titles in the gaming industry.

Indicator	2018	2019	2020	2021	2022
Number of candidates	21	41	30	31	33
Distinction Rate (A+)	16%	35%	44%	34%	47%
Band of Excellence (C+)	78%	76%	90%	79%	84%
Subject Pass Rate (E+)	98%	98%	100%	100%	98%

THE WILDLIFE ECONOMY

UNDERSTANDING NATURAL CAPITAL ASSETS AND CREATING GREEN JOBS

Words by Chanda Mwale/WPAZ
Images by Karthik Jayaprakash



Zambia is endowed with natural resources. The symbolism of the national flag reflects this: green for our natural resources, orange for our mineral wealth. Considering the symbolism of the flag's colours, we have more to gain as a country from focusing on more than just copper. To date, Zambia's major economic activities are mining, tourism, forestry, agriculture and hydropower generation. 80% of our population is directly dependent on natural resources for fuel, food, income, raw materials and medicines. While the importance of natural resources as a driver for Zambia's economy is well recognised, the diversification of utilisation and investment in these resources needs to catch up. Zambia's top export earners

remain traditional, while other resources and sectors are underdeveloped.

Tourism is acknowledged as being 80% dependent on national parks and natural resources, yet the allocation for natural resources protection in the national budget historically fluctuates around the 0.5% mark. Why do any of these things matter for business, and how does a wildlife economy framework help us think and act differently?

The wildlife economy uses plants and animal life as economic assets to create value that aligns with conservation objectives and delivers sustainable growth and economic development. Ecotourism, wildlife ranching, forest products (including honey, medicinal

and dietary supplements, timber, paper products and mushrooms), hunting, carbon trading and fisheries are all part of the wildlife economy, and they present opportunities for economic diversification.

Each of these activities contributes to the nation's economy, but these contributions are seldom taken stock of, recognised, or further investigated for scaling and investment opportunities. It is for this reason that the Wildlife Producers Association of Zambia partnered with the African Leadership University School of Wildlife and Conservation (ALU SOWC), the Department of National Parks and Wildlife, and the Worldwide Fund for Nature (WWF) to compile and present

the State of Zambia's Wildlife Economy. The objectives of the study were as follows:

1. Provide an overview of the status of Zambia's wildlife economy
2. To provide facts and figures required by governments and investors to make informed decisions, track progress and provide guidance for implementation in terms of the wildlife economy
3. Provide an overview of regulatory and policy framework that enables or hinders wildlife economy activities
4. Highlight data gaps relating to specific wildlife economy activities
5. Provide key policy recommendations

Some of Zambia's key statistics:

In 2019, tourism in Zambia contributed 7.7% to the nation's GDP, even though COVID-19 nearly halved this to 4.3% in 2020. The Bangweulu and Kafue Flats fisheries are multi-million dollar fisheries annually, producing 6 million and 30 million dollars worth of fish stock and supporting thousands of livelihoods. The Lower Zambezi fisheries support nearly 10,000 fishers with a market value of approximately 1.2 million dollars. Forest products such as honey, caterpillars, and mushrooms employ thousands of Zambians and are worth millions of dollars. Forest products' direct and indirect value accounts for over 4% of Zambia's GDP, and over 1.5 million jobs are created in forest-based economic activities. Game ranching protects thousands of hectares of land, generates over 3,000 jobs and produces over 100 tonnes of legal game meat per annum.

The figures are impressive, but Zambia's wildlife economic activities still need further development. With proper oversight, clear focus and additional investment in the various value chains, thousands of green jobs could be created. Various forward and backward linkages can be further developed to add value to the export and import of products and services.

Zambia's wildlife economy has great



potential but remains plagued by several issues:

1. Underdeveloped value chains, for example, several forest products, are still seasonal, yet with value addition and packaging, they could be available on the market year-round.
2. Limited investment in natural resources as an asset base: natural resources are not viewed as assets; therefore, more funds are needed to sustain, maintain or inventory these resources.
3. Inadequate awareness about the opportunities that are available for economic diversification.
4. Cost of doing business is high, with a complex regulatory framework.

Zambia's economy is on the path to recovery. While traditional business ideas like mining and agriculture take precedence, several other opportunities exist in the wildlife economy sector. With nearly 70% of the Zambian population under 30 and unemployment rates high, there is a clear need to package and present these diverse opportunities that

align with the nation's sustainable green development goals. A wildlife economy is a green economy. Furthermore, several impact investment opportunities can be leveraged for scaling bankable nature solutions.

Zambia's next generation of entrepreneurs can be green entrepreneurs who sustainably utilise natural resources and apply technology to increase traceability and accountability while creating jobs for millions of Zambians. A wildlife economy is a robust and diverse economy that can better handle external shocks presented by climate change risks and global market trends.

The call to action is for increased awareness of the wildlife economy and opportunities for investment, multi-sectoral support for innovation, and scaling initiatives that diversify from the traditional nature-based sectors like tourism and investment in natural capital for sustainable utilisation of lasting yield returns—lastly, a change in mindset regarding how we perceive nature.

About WPAZ – WPAZ is a membership-based association that fosters the wildlife economy's growth in Zambia.

PUBLIC SPEAKING TO ACCELERATE CAREER GROWTH

Words By Royd Kapesa



If you 'Google' the most valuable skills for knowledge workers - those whose jobs involve handling or using information, communication will likely be top of the list. Communication skills are at the heart of business success and are core to organisations delivering value to employees, shareholders and customers. In organisations, people are constantly communicating, whether implicitly or not. Therefore, it goes without saying that to succeed in today's world; people must learn to communicate and, most importantly, to do it effectively.

Some experts have estimated that the average business executive spends approximately 75% to 80% of the day engaged in oral or written communication. Communication skills are essential in virtually every career. Practitioners in Big Four accounting firms (Ernst & Young,

PriceWaterhouseCoopers, KPMG and Deloitte) spend 80% of their time communicating with others, individually and in groups. Likewise, engineers spend most of their professional lives writing, speaking, and listening.

Communication is a vast subject and would need more than a single article to explore fully. Therefore, this article will focus on how public speaking skills can propel personal career growth and business growth.

Why care about public speaking

Public speaking has the power to demonstrate competence and confidence, highly coveted traits by employers. Speaking in public builds credibility amongst peers and demonstrates leadership capabilities as one commands centre stage. Staying poised while speaking in public is also

a marker of future leadership potential. Organisations are assured that they can rely on an employee to represent them in public without facing reputational brand risk. Apart from that, public speaking also gains visibility within the organisation and separates individuals from the crowd.

Furthermore, public speaking does more than elevate one in the eyes of managers and senior executives. Speaking at conferences and events could increase industry reputation, leading to better opportunities outside one's work. Most workers today are engaged in portfolio careers defined as various roles rather than one job at a single organisation. Therefore, taking advantage of public speaking engagements could be a way to land a new opportunity and elevate one's career.

Public speaking also leads to networking

opportunities that could position one as a thought leader and expert in their field. Experts in their respective fields have reported earning as much as five times their monthly salary through opportunities generated from public speaking on industry topics. Furthermore, the altruism of contributing to developing a product or industry should make anyone consider becoming a master public speaker.

How to become a master public speaker

Few naturally gifted public speakers can command a stage effortlessly. The majority have to work on public speaking with coaches and specialist organisations. One such organisation is Toast Masters International, which has helped people from diverse backgrounds become more confident speakers, communicators, and leaders. There are currently 11 clubs in Zambia for those looking to build this skill.

Here are five tips from Toast Masters on how to be a master public speaker and elevate your career:

1. Know your subject and your speech;

Nervousness is reported as the biggest

hindrance to public speaking. The first guide to overcoming nervousness is to know the subject matter thoroughly. It is easier to speak confidently about a well-known subject than one known vaguely. Therefore, taking the time to do deep research on a topic and mastering the presentation will lead to success in public speaking.

2. Know your audience and your space;

Secondly, it is crucial to know the audience, their needs as well as the physical space of the presentation. For example, a presentation to a group of fellow engineers will differ from one to high school students looking for a career option. The message should be tailored to the audience's needs and the space it will be presented. Before speaking, check the facilities at the event, such as a screen, audio output, and the position of the podium, to name a few.

3. Never apologise;

Research has shown that audiences are not 100% engaged during presentations and speeches. Therefore, speakers should not apologise for making minor mistakes while speaking. Apologising calls attention to the wrong parts of

the presentation and distracts from the main point. A good public speaker should guide the audience through the essential aspects and remember that the audience is looking for a good outcome.

4. Imagine yourself giving a great speech;

Visualisation plays a significant role in public speaking success. As part of the preparation, the speaker must take time to see themselves making a great presentation and good points. It is also important to visualise the audience's reaction to the presentation at the end. This will relax the speaker and build confidence before hitting the stage.

5. Focus on your message, not on yourself.

Finally, the focus should always be on the message, not on oneself. When the inevitable mistakes happen, speakers lose focus leading to a shaky voice and stuttering in some cases. However, the message is why people listen in the first place and should be the focus throughout the presentation.

Armed with these tips, conquer your fear and give public speaking a shot. The future and its opportunities await!





SEBASTIAN MORONELL

Humour Columnist

THE YEAR THAT COULD BE

Flipping through this publication in that slightly amused manner peculiar to reading in-flight magazines, you may be further surprised to find a new name attached to this column. You may tell yourself, who the hell is this guy - I liked the other one, and I'd agree. Being a second-choice humour columnist is ideal for neither of us. And even though I need not justify my rude entry into your aeronautical reveries, I feel like I should preface this column with an acknowledgement of what a precarious position I've been put in: who is forced to start a humour column in March? Why not the beginning of the year? Who would design the world in such a way? So, in a show of solidarity (to myself, mostly), I will write this column as if it were the beginning of a new year.

Now that the introductions have been made - shoddily but fairly, I'd argue - let's get down to business: the year. The year that was, the year ahead, and the abstract abacus of years that somehow defines 'age.' I'm heading towards that period of the late twenties that can seamlessly translate into my early forties if I'm not careful. It is a daily struggle to stave off the voice of the dull accountant in my head, the one who promises that all my problems - financial, romantic, spiritual, etc. - will dissipate if I just take the time to plan my life like it is a business. Looking back at the past year with that typically austere eye, seeing where costs and inefficiencies can be cut and identifying opportunities for growth for the following year. But I'm naturally sceptical of these all-in-one solutions, no less for the accountant than for the witch doctor, who promises the same thing.

So, how should we damn the accountants and witch doctors, look back at the past year and towards the new year, and finally stop counting our age? In a shameless act of self-marketing, I believe it should be done with humour. This column may contribute to that, or it may not. Indeed, other areas of life may be equally entertaining. Consider the following totally hypothetical situations of the year that could be:

- A global pandemic breaks out under dubious circumstances that could involve a flying mammal and its consumption, or alternatively biological warfare (your pick). Whilst working from home in your boxers and business shirt and potentially experiencing the end of the world is initially thrilling, you soon realise that the humdrum of daily life continues unabated, only this time through a screen. You can't travel without being equated to the virus itself, and you soon realise that you have to upgrade your Wi-Fi because it isn't fast enough.
- A war in a distant land occurs between a nuclear superpower and its neighbour. Somewhat confused by the sheer stupidity of this venture, you quickly remember that other nuclear superpowers have been equally stupid in the past. It begins to dawn on you that stupidity is the most universal of human traits. The only real change to your life is the high price of fuel, following some abstract logic of supply and demand, and perhaps a re-evaluation of your neighbours: how stupid could they be?
- An unlikeable, eccentric billionaire buys a large social media company. Promising the implementation of 'free speech' under dubious cost-cutting exercises, such as firing most of his workforce, a beautiful thing happens: thousands of 'verified' fake accounts start to emerge, impersonating the said unlikeable, eccentric billionaire. It soon becomes genuinely difficult to differentiate between the fake and the real, because, well, the billionaire sounded like an adolescent troll in the first place.

Of course, all the above seems highly unlikely; however, as always, the humourist must remain vigilant, never forgetting the full bouquet of human suffering, and stupidity, that could occur at any point. If you'd like to add more to the list, please feel free to graffiti in the margins: cross out the hypothetical situations you find most unlikely, desecrate my name, even call out to the hostess and ask, once again, who the hell is this guy?

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35.8 ha with 339m river frontage this is the entertainers dream. Buildings consist of the main house, owners house, and 3 exquisite luxurious suites all with wood fireplaces and decks. Other features include, cinema with extensive DVD library, kitchen fitted out with SMEG appliances, entertainment area, pizza oven, industrial cold room and freezer, swimming pool with hidden speakers, and a sophisticated sound system.

The sale price includes all furnishings and appliances, it also includes a boat shed and deck with an aluminium Aliboat with lifejackets and a yamaha 100 engine, floating pontoon and Toyota fortuna Diesel (2015).

All improvements and maintenance are ongoing, eg the boat seats and canopies were redone in January 2022 along with new boat deck added, fibre optic installed and all cars, boats and machinery regularly serviced.

RL2004



A GRAND HOME IN BAROTSELAND

This gracious home and cottages sits on 16.5 acres of land situated 410km from the well known Liuwa Plains, 195km to Livingstone, 223km from the Southern Kafue National Park, and the stunning Sioma.

On the banks of the Zambezi river this is an exceptional home/income earner or a lodge. The property consists of the main home where the kitchen, scullery and bar are all made from teak wood, a 2 bedroom managers house and 3 double chalets all with their own decks overlooking the river.

Boasting possibly the largest privately collected library in Zambia, it is crammed with historical books, A lifestyle offering the beauty of the present along with the intrigue of the past.

Hyenas, warthog, and other animals roam the property freely along with the river visitors such as crocs, hippos and otters, plus magnificent birdlife. This Gentlemans Estate is a treasure not to be missed.

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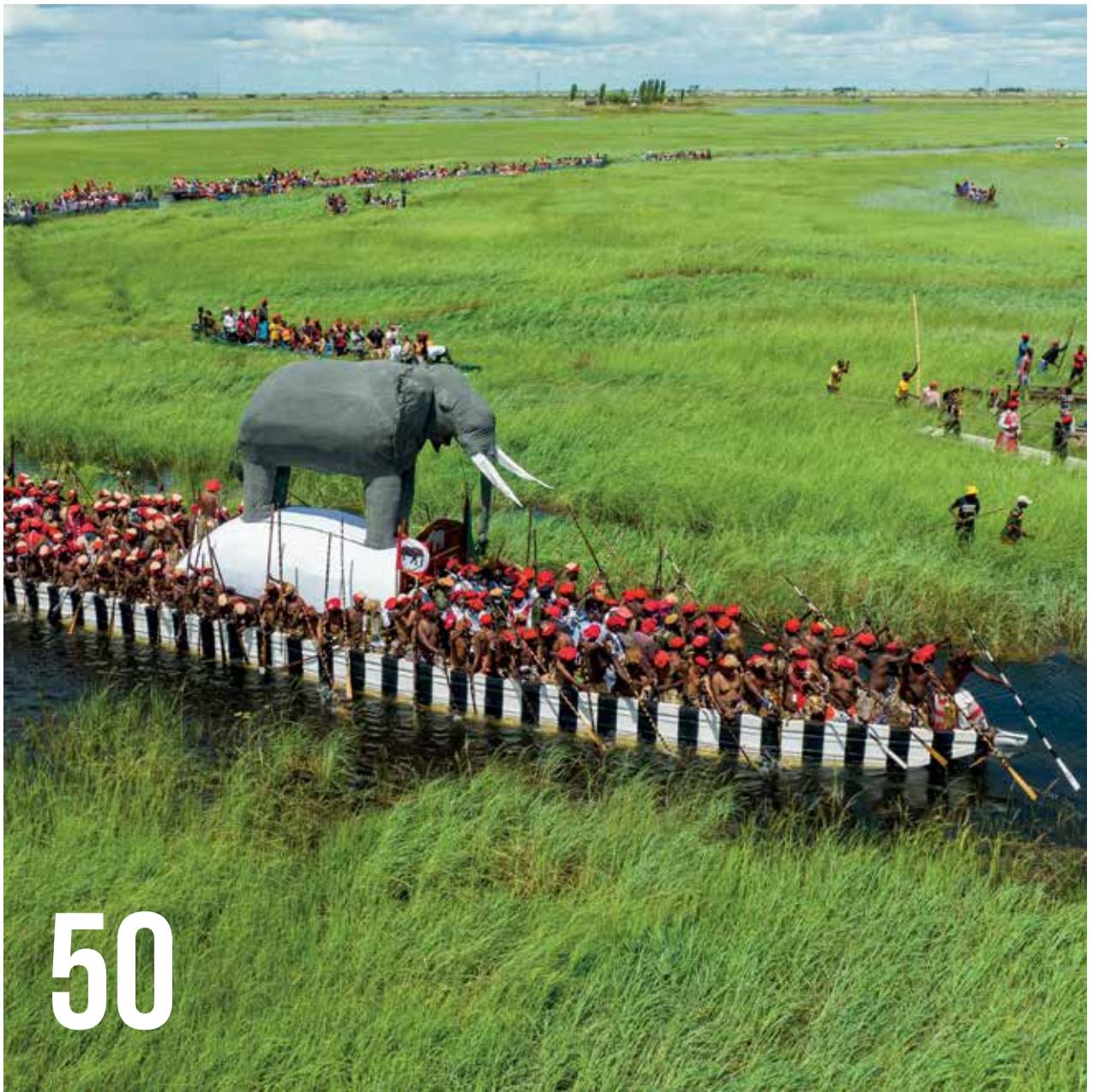
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As we look forward to the 2023 Kuomboka ceremony, photographer Harry Vlachos (Bwana Jimmy Productions) takes a visual look back at last year's event, the first one since the onset of the COVID-19 pandemic.



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RHYTHM, RITUAL AND ROYALTY





The Kuomboka is a spectacular traditional ceremony of the Lozi people that takes place at the end of the rainy season when the upper Zambezi River floods the Barotse floodplain. The ceremony celebrates the movement of the Litunga (the king of the Lozi people) from his summer palace to his winter palace. The Kuomboka, which literally translates to 'get out of water,' takes place as the rains submerge the plains and villages become inhabitable. In response, the Litunga leads his people to higher ground, and they do it in an inimitable style.

The Nalikwanda is the king's primary barge; he travels in this barge along with his indunas (local area chiefs), attendants and musicians, among others. The Kuomboka is always a highly anticipated event, but last year's event was especially significant because it was the first since the onset of the COVID-19 pandemic.



RHYTHM, RITUAL AND ROYALTY





THE NALIKWANDA IS THE KING'S PRIMARY BARGE, HE TRAVELS IN THIS BARGE ALONG WITH HIS INDUNAS (LOCAL AREA CHIEFS), ATTENDANTS AND MUSICIANS, AMONG OTHERS.

Additionally, President Hakainde Hichilema attended the ceremony and joined the Litunga on the journey to his winter home.

As the 2023 Kuomboka approaches, I can't help but reflect on this epic ceremony, unlike no other. I felt privileged to attend and photograph the legendary Kuomboka last year after its two-year hiatus.

The Nalikwanda led the journey to higher ground, steered by over 200 paddlers. The imposing royal barge is painted with black and white stripes, and a replica of an elephant fitted with movable ears sits atop it. A fire burns on board, and the smoke emitted tells the people that the king is alive and well. The queen, or Mooyo Imwambo, sets off in a separate royal barge mounted with a replica of a crane. The day is filled with dancing, singing and jubilation.

The celebrations start two days before the main event, with the Maoma Royal Drums being beaten, summoning all paddlers to the ceremony. The following day hundreds of people gather in Lealui (the Litunga's summer residence) to watch the Royal Canoeing Regatta take place. On the event day, all the king's personal items were placed in the Nalikwanda. The king and his indunas, along with Mr Hichilema, boarded the barge and set off on the five-hour journey to Limulunga (the Litunga's winter residence). Upon arrival at Limulunga, the Litunga is greeted by scores of locals and visitors from across Zambia and abroad.

He walks up from the docks and sits under the royal pavilion, where his people welcome him with song and dance. At 9 pm, the maoma royal drums are beaten to announce his majesty's return to the winter capital. Once the festivities are over, the Maoma Royal drums fall silent until the Kifuluhela ceremony, when the Litunga embarks upon his return to Lealui.



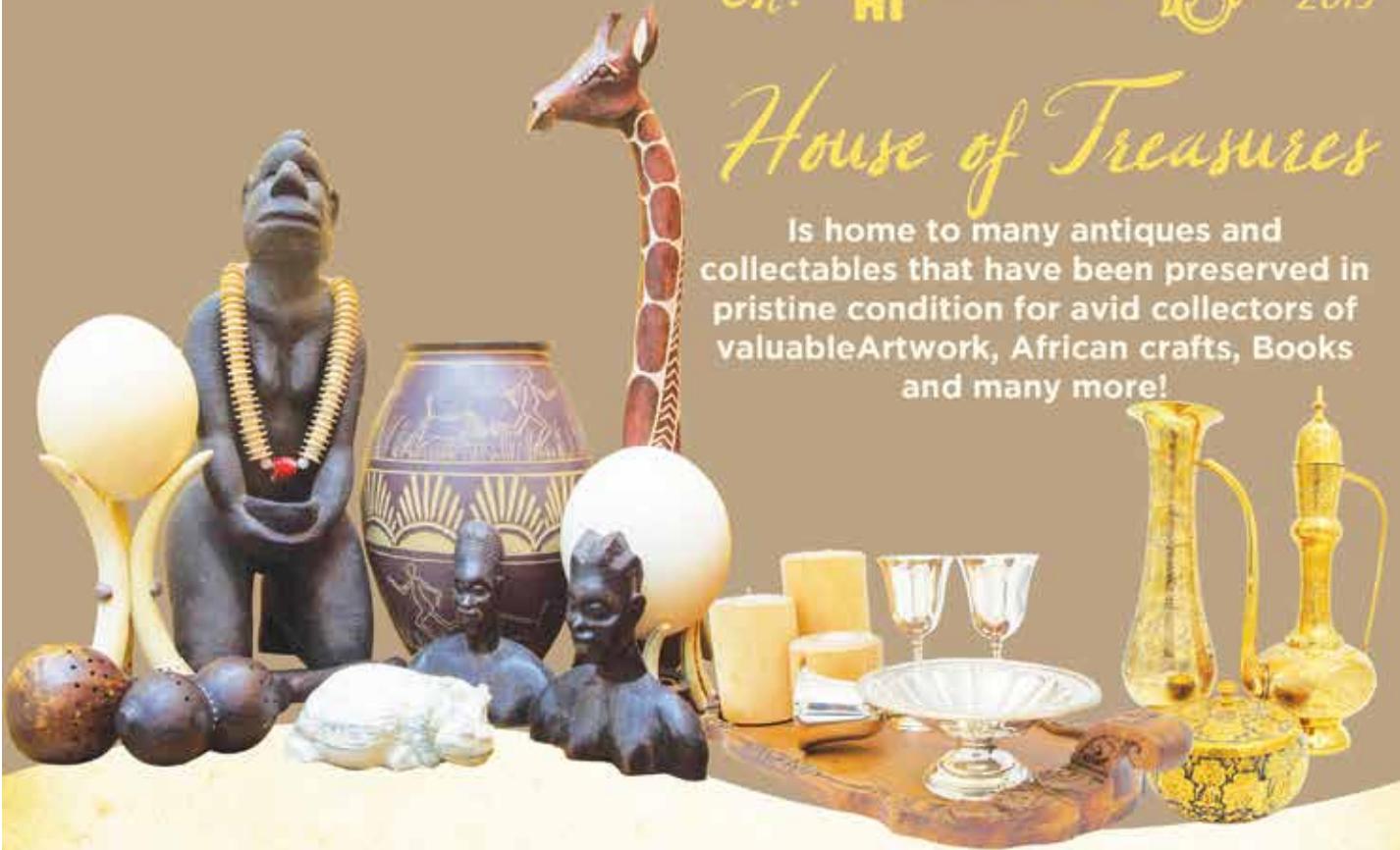
Proflight Zambia regularly operates special flights into Mongu to serve visitors hoping to attend the Kuomboka ceremony. Visit flyzambia.com for the latest Proflight news and contact details.



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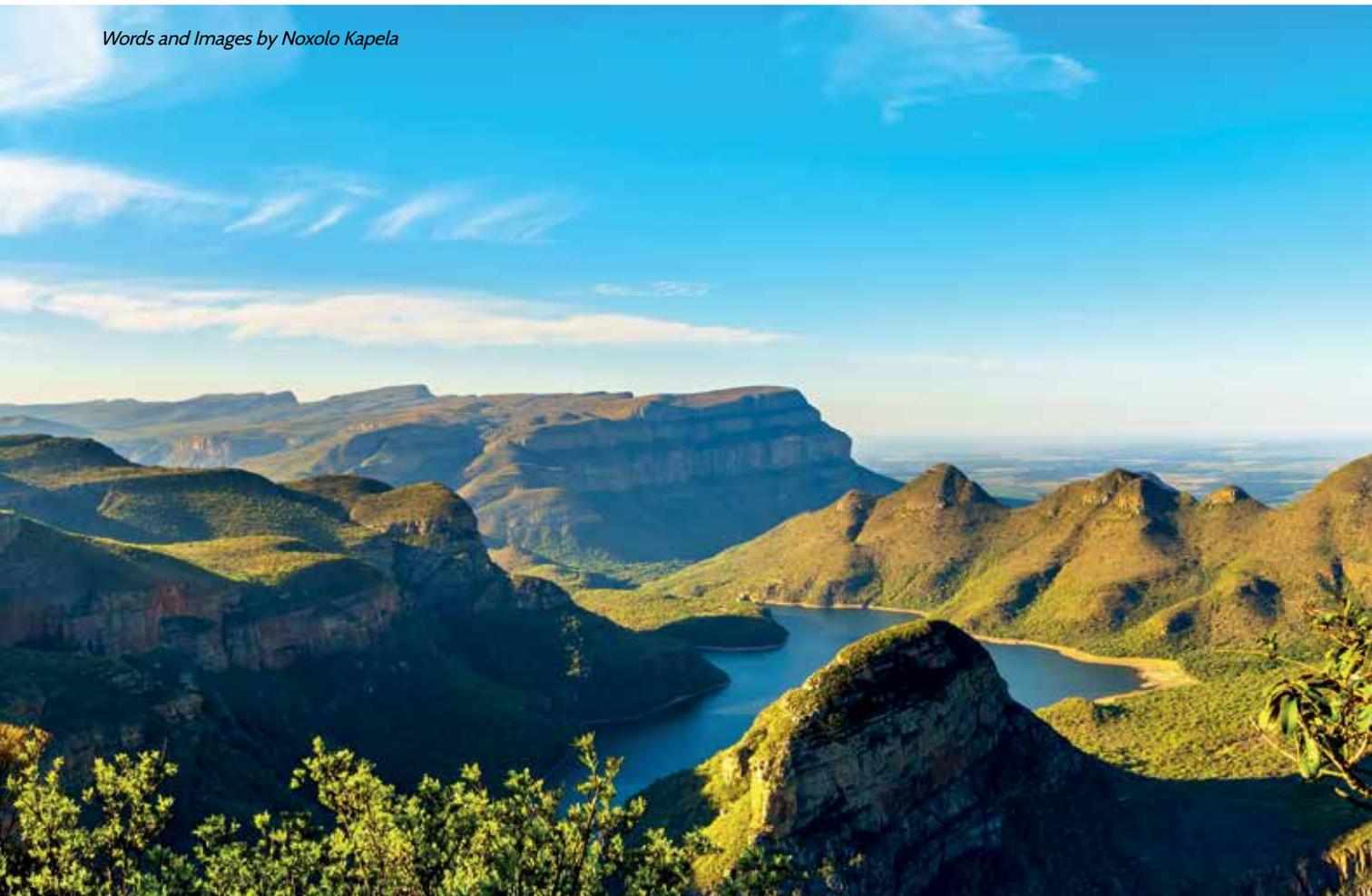


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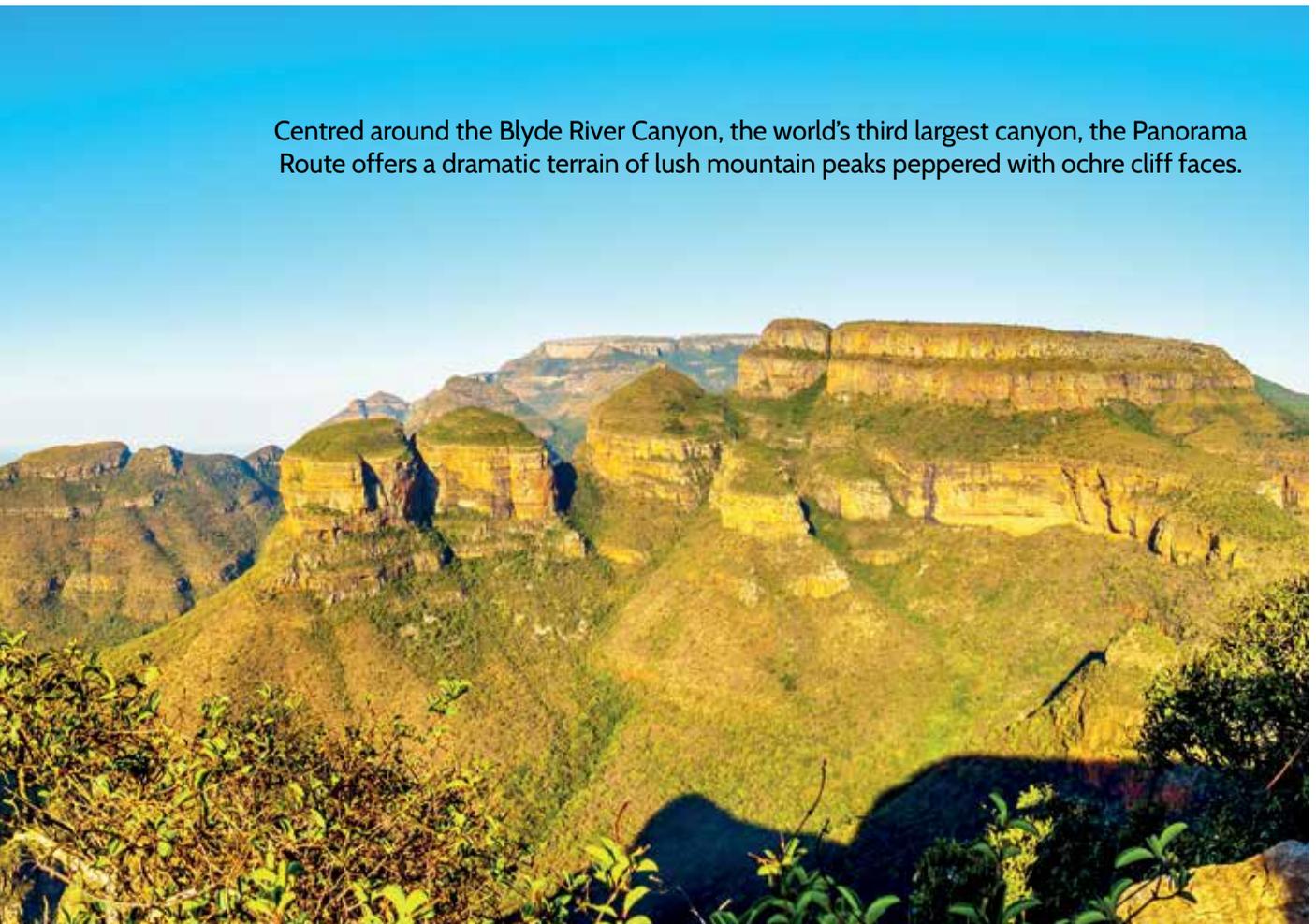
The Panorama Route *South Africa's*

Words and Images by Noxolo Kapela



Most Epic Road Trip

Centred around the Blyde River Canyon, the world's third largest canyon, the Panorama Route offers a dramatic terrain of lush mountain peaks peppered with ochre cliff faces.





The Panorama Route is a picturesque road connecting an array of natural and cultural attractions, starting from Nelspruit and ending at the Swadini Forever Resort. Known as one of the country's most scenic self-drives, this magnificent route is found in Mpumalanga Province, centred around the Blyde River Canyon – the world's third largest canyon.

This route is part of the dazzling Mpumalanga highlands. Due to its proximity to the Kruger National Park, it is often featured in many game reserve itineraries. The Panorama Route boasts beautiful waterfalls (Lisbon Falls, Sabie Falls, Bridal Veil Falls, and Mac Mac Falls among them), God's Window, the Blyde River Canyon, Bourke's Luck Potholes, the Three Rondavels and Pilgrim's Rest, to name but a few. The town of Sabie is home to various activities like 4x4 adventures, abseiling and more.

Don't fret if it sounds like a lot to take in. Having experienced the Panorama Route, I'll break it down and share the different ways to explore this vast area.

Something for History and Arts Lovers

Anyone that has taken the beautiful drive down the Panorama Route will tell you a thing or two about the historical Pilgrim's Rest. This famous little town is a living national museum, and the entire town has been declared a national monument. The history of this quaint and delightful small town dates back to the pioneering days of the Gold Rush of the 19th century.

This dynamite of a town also has numerous art galleries and museums housed in corrugated iron buildings, the infamous Robbers Pass, the well-known Royal Hotel, the old digging site just outside the town (where you can have a guided tour of a recreation of an old gold mine), the Church Bar (a beer garden located in a building that was originally a church), old newspaper offices and an assortment of tea rooms, wine and craft beer establishments, craft markets, farm shops and diners for you to discover.

Explorers

Bourke's Luck Potholes: As you move along the route, you must spare at least





two hours to explore the area on foot via sturdy overhead bridges overlooking the "potholes" below. The water from Treur and Blyde Rivers has carved out a series of unique and fascinating water features in the underlying rock face. These water features have taken thousands of years to form these strange unusual cylindrical sculptures carved by swirling water over thousands of years. There is a mini waterfall that makes an excellent background for your pictures.

God's Window: This attraction is situated in the Blyde River Canyon Nature Reserve and perched on the edge of the escarpment with endless views of the

Lowveld below (if you get there at the right time). However, at any time of the day, there is no guarantee you will be able to catch a glimpse of this wonder, as the area is always covered in dense mist, as I've learned from experience not once but on two occasions. Do thorough research before going to find out the best times to visit. Rumour has it that the moments before the sunset are the best to experience a little piece of heaven from God's Window.

If you make it on a clear day, you will have splendid views of what has been dubbed "the world's greenest canyon." With a gorge dropping from 700 to 900

metres, it is filled with lush plant life, streams and wild animals.

Three Rondavels: These are three vast spirals of dolomite rock rising out of the far wall of the Blyde River Canyon. Their domed heads are laced in green, and their sides are stained with fiery orange lichen. When visiting the Three Rondavels, sometimes referred to as the Three Sisters, timing is everything. It is best to visit when there are clear skies to capture all the rondavels and the Blyde River at the foot of the gorge.

The Pinnacle: A single magnificent quartzite column rising out of the deep wooded canyon. It is best to view the pinnacle point from both viewpoints, giving you different aspects of this geographical phenomenon. When I saw it, the hiker in me wanted to climb up to its lush top.

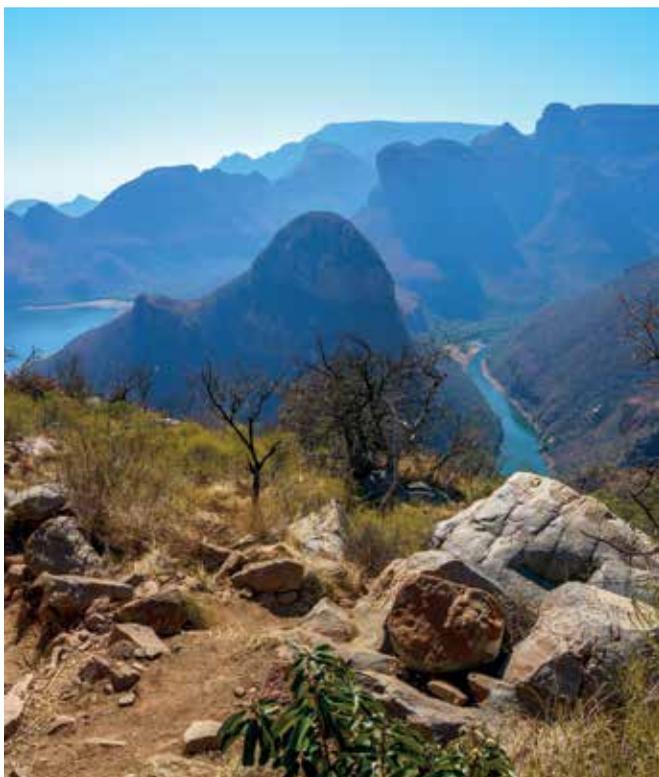
Water Sports Enthusiasts

Blyde River Canyon is the world's greenest canyon and one of the largest. Only the Grand Canyon in the United States and the Fish River Canyon in Namibia are more immense. The Blyde River Canyon Reserve extends along the Blyde River Canyon's winding path, which at every turn offers more impressive views over sheer edges, dropping 800 metres into the riverbed. The best place to view the canyon is from the Lowveld View site at 1,219 metres. It offers a breathtaking view over the Blyde River Canyon with various rock formations like the Three Rondavels, the forested valleys and the Pinnacle. Looking down, you'll see the Blyde River beautifully winding its way across the canyon floor to the vast expanse of the Blydepoort Dam. However, the best part is when you descend to the canyon to enjoy water activities like kayaking, canoeing and boat cruises.

Adventure Junkies

Graskop Gorge Lift: This is one of the recent additions to the Panorama Route, an attraction worthy of your time. Ideally situated within the Swadini Forever Resort, it has been buzzing, attracting all types of adventure travellers from the time of its introduction to the public.

This glass-fronted lift takes you 50 metres down a sheer cliff face to the valley floor in the forest below. Once



there, you can explore trails and streams further via a network of suspension bridges and walkways. Within the same vicinity are a few shops, craft markets, a restaurant and a bar at the top.

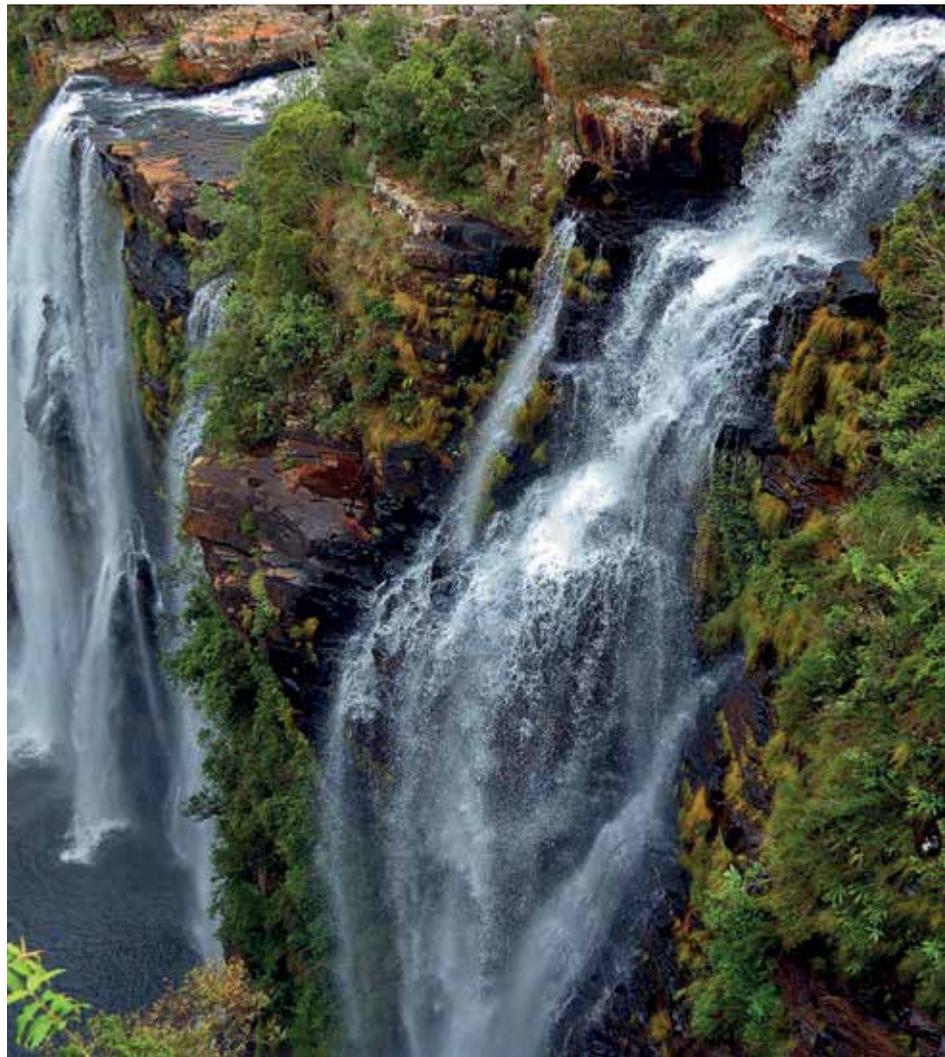
The scenic mountain town of Graskop offers plenty of adventure activities and is close to many attractions on the Panorama Route. I always say you have experienced the Panorama Route when you have visited this small town. Graskop makes a good base if you plan to explore the Panorama Route over a few days.

The Echo Caves: Located outside Ohrigstad. The caves are now a historical monument as they are said to be amongst the oldest caves in the world. In bygone days, the local people used one of the cave's stalactites as a drum to warn of approaching enemies. The caves extend for about 40 kilometres, and the sounds made inside them travel surprisingly long distances, hence the name.

Go Chasing Waterfalls

Mac Mac Falls: A walkway past local curio stalls leads you to the lookout over these twin waterfalls, which plummet 70 metres to the





rock pool below. The noise is thunderous and can be heard miles away. The Mac Mac pools are a few meters away from the lookout spot and are ideal for a shady picnic stop and a dip in the refreshing mountain waters.

Other waterfalls worth a visit include the Lisbon Falls (the area's highest at 92 metres), the Berlin Falls (42 metres) and Lone Creek Falls (70 metres). The latter has a large plunge pool perfect for hot summer days and a wealth of indigenous flora.

Hiking and mountain biking (MTB) trails
Leopard trail: This trail is one to be noticed, as it showcases some of the best views of the breathtaking Blyde River Canyon.

The Kadishi Trail: This is a spot your average person will never get to see. Only the brave have taken this journey. One will have to contend with a few hurdles, like the Thorny Rope Forest, before laying their eyes on this beautiful place. This forest features vines containing six-centimetre-long thorns, hence the name.

Jock of the Bushveld Trail: A beautiful meandering hike through marshlands and rolling hills with stunning rock formations. However, be careful not to try it after the rain. It's safer and easier to navigate when it's drier.

There is far too much to do in the Panorama Route for you to try and complete the route and its activities

in one day. You could choose the attractions you most want to see and cover them in a day, but it's best to plan for at least two to three days in the area. It is advisable to embark on this drive during winter when it is dry because the wet season brings with it mist and rain that, while beautiful, obscures the spectacular views. In summer, the area is awash with wild white and pink lilies.

For those who have the time needed to conquer the Panorama Route, there are tonnes of other activities and attractions to be enjoyed, and these include river rafting in Sabie, hot air ballooning, scenic helicopter rides, Shangana Cultural Village tours, elephant interactions, reptile parks and animal rehabilitation centres.



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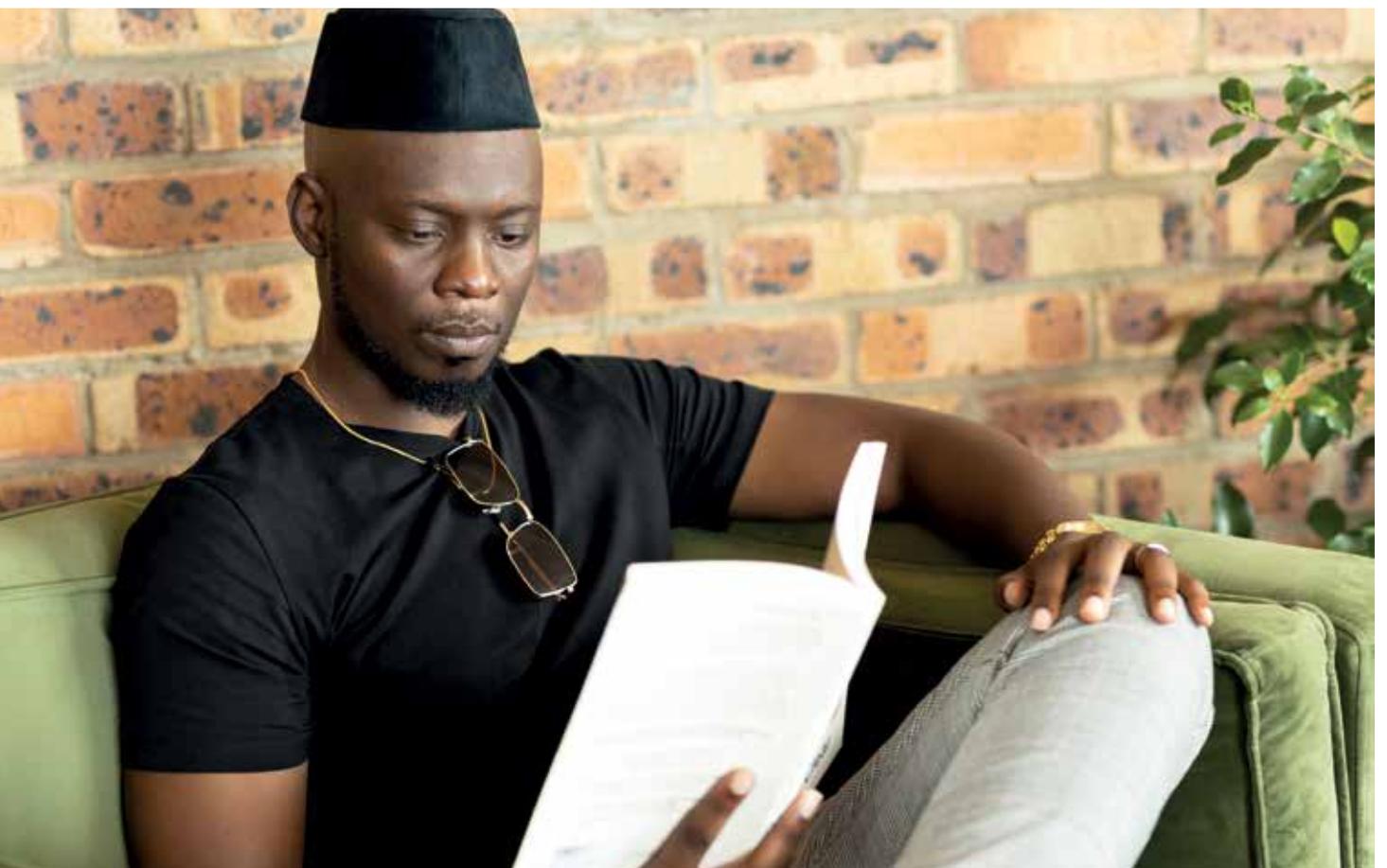
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PATIENCE

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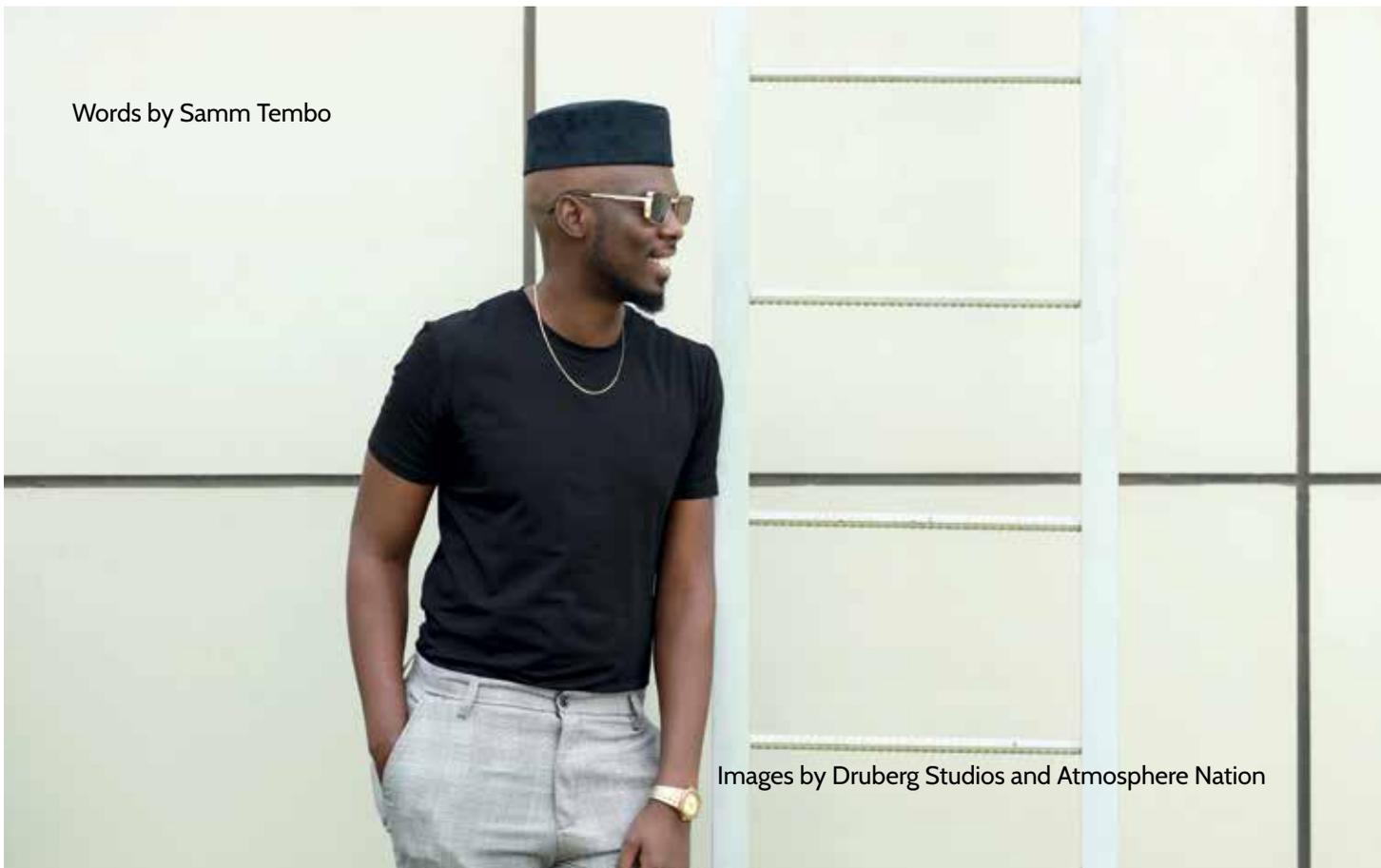




THE

PROCESS

Words by Samm Tembo



Images by Druberg Studios and Atmosphere Nation

POMPI

Chaka Nyathando, better known as Pompi, is one of Africa's most gifted musicians of our age. He was inspired by griots like Oliver Mtukudzi, (whose influence can be felt through Pompi's music), the 36-year-old Afro-Soul, R&B, and Hip-Hop artist who has made a name for himself as an incredible vocalist, lyricist and storyteller with a passion for entertaining, giving food for thought, and bringing light to the world through his art. With four highly lauded albums under his name, *Mizu*, *Become*, *Broken English* and *Bwana*, fans eagerly await what the singer-songwriter has to offer on his next project, his first, after a four-year hiatus since 2019's *Bwana*, an 11-track joint album with close friend and long-time collaborator, Magg44.

The forthcoming album, *Pole Pole*, which Pompi announced via his Twitter in November of 2022, with the words "Don't rush something you want to last forever", was followed by a music video for the first single off the album, 'Strong Name,' giving fans a taste of what to expect on the album.

Pole Pole, which means patience or slowly, slowly, has been Pompi's most meticulously produced album yet. "I really took my time on this project," the singer shared when I had the pleasure of sitting down with him to talk about his journey in creating the album. "Anything that requires true mastery requires patience and delayed gratification; you can't build something that will last with instant gratification. I want to make an impact that lasts with the things I create."

The 13-track album with Patience as its central theme is inspired by books like James Clear's *Atomic Habits* and the Stanford marshmallow experiment of 1972, the latter in which a child was offered a choice between one small but immediate reward or two small rewards if they waited for a period of time. During the wait time, the researcher left the



room for about 15 minutes and later returned with a prize for the children that didn't eat their marshmallows.

In consequent studies, the researchers observed that the children who practised restraint and waited longer for the preferred reward tended to have better life outcomes.

"I didn't try to rush the process. I had to remain true to the album's name," he tells us. "I approached this album a lot differently than I did my previous works. Instead of writing a full verse at a time, I'd do small things each day: I'd write one line today, another line the next, and so on, until I had something. There's power in consistency. We really took our time with this one. Even our recording sessions were interesting as those were some of the longest studio sessions of my entire career," He laughs as he recounts. "We got to a point where we often stayed in the studio overnight so that we could get it right."

For Pompi, *Pole Pole* feels like the most realised album the artist has ever done to date. Something he attributes to his current level of personal growth and being in a more comfortable position to

IS

allocate the right amount of resources to his work.

"For the first time, I think I have an album where I was able to imagine and actually have all the resources to bring to light everything I imagined," He shared. "My previous albums were really good, but they weren't always exactly what I imagined, as I wasn't in a position knowledge-wise to be able to execute the things I'd imagine. I didn't even know the people I could work with to achieve the kind of things I wanted, but now I feel I've been able to get to that point."

Regarding collaborations, *Pole Pole* is promising to be Pompi's biggest album, with over 35 musical geniuses on the production side of things lending their talents to crafting a memorable body of



work. One that fans will be pleased to know revisits Pompi's *Hip-Hop* roots while fusing different genres and sounds like *Kalindula* into the mix.

"I missed *Hip-Hop* quite a lot. As most might know, I started with *rhythm and Poetry*, and the singing came later. For the longest time, I feel I was away from *Hip-Hop*, but in this album, I express a little bit more through it." The singer tells us. "There was a lot of *Hip-Hop* on *Mizu*, less so on *Become* and *Broken English*; it was only right that I revisited my roots on this album."

Regarding features, fans can expect artists from Uganda, South Africa, the UK, the US, and Zambia. Names like Limoblaze, Esther Chungu, Matema and CalledOut Music.

Pole Pole is set to release in March of 2023, with two more visuals expected to accompany the album.



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72. FLIGHT SCHEDULE • 73. ROUTE MAP • 74. NEWS • 78. FLEET • 79. PROHIBITED GOODS



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FLIGHT SCHEDULE

MARCH | APRIL 2023

+ SIDE NOTE

Proflight Zambia reserves the right to change, suspend or amend this published schedule without prior notification. Every effort will be made to operate as per the planned schedule.

Please check our website, www.flyzambia.com, for updated departure days and times.

LUSAKA - JOHANNESBURG

#	DEP	ARR	M	T	W	T	F	S	S
020	08:00	10:00	●	●	●	●	●	●	●
024	11:00	13:00	●	●	●	●	●	●	●
026	15:00	17:00	●	●	●	●	●	●	●

JOHANNESBURG - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
023	12:00	14:00	●	●	●	●	●	●	●
025	14:00	16:00	●	●	●	●	●	●	●
027	18:20	20:20	●	●	●	●	●	●	●

NDOLA - JOHANNESBURG

#	DEP	ARR	M	T	W	T	F	S	S
040	08:10	10:40	●		●		●		
301/020	06:30	10:00	●	●	●	●	●	●	●
303/024	09:00	13:00		●		●	●	●	●
305/026	12:40	17:00							●

JOHANNESBURG - NDOLA

#	DEP	ARR	M	T	W	T	F	S	S
041	12:30	15:00	●		●		●		
023/306	12:00	17:30	●	●	●	●	●	●	●
025/308	14:00	19:30	●	●	●	●	●	●	●

LUSAKA - DURBAN

#	DEP	ARR	M	T	W	T	F	S	S
032	09:00	11:30				●			●

DURBAN - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
033	12:30	15:00				●			●

LUSAKA - LIVINGSTONE

#	DEP	ARR	M	T	W	T	F	S	S
704	10:30	11:40	●	●	●	●	●	●	●
708	16:35	17:45	●	●		●	●	●	●

LIVINGSTONE - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
705	12:20	13:30	●	●	●	●	●	●	●
709	18:15	19:25	●	●		●	●	●	●

LUSAKA - SOLWEZI

#	DEP	ARR	M	T	W	T	F	S	S
910	07:00	08:10	●	●	●	●	●	●	
914	15:00	16:10	●	●	●	●	●		●

SOLWEZI - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
911	08:50	10:00	●	●	●	●	●	●	
915	16:50	18:00	●	●	●	●	●		●

LUSAKA - NDOLA

#	DEP	ARR	M	T	W	T	F	S	S
300	06:30	07:15	●	●	●	●	●		
302	07:45	08:30					●	●	●
332	10:20	11:05	●	●	●	●	●	●	
304	14:00	14:45							●
306	16:45	17:30	●	●	●	●	●	●	●
308	18:45	19:30	●	●	●	●	●	●	●

NDOLA - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
301	06:30	07:15	●	●	●	●	●	●	●
303	08:30	09:15		●		●			
303	09:00	09:45					●	●	●
333	14:00	14:45	●	●	●	●	●	●	
305	15:15	16:00							●
307	15:30	16:10	●		●		●		
309	18:00	18:45	●	●	●	●	●	●	●

LUSAKA - MFUWE

#	DEP	ARR	M	T	W	T	F	S	S
804	10:30	11:40		●		●	●	●	●
808	16:35	17:45	●		●		●		●

MFUWE - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
805	12:20	13:30		●		●	●	●	●
809	18:15	19:25	●		●		●		●

LUSAKA - MANSA

#	DEP	ARR	M	T	W	T	F	S	S
332	10:20	12:20	●	●	●	●	●	●	

MANSA - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
333	12:45	14:45	●	●	●	●	●	●	

NDOLA - MANSA

#	DEP	ARR	M	T	W	T	F	S	S
332	11:35	12:20	●	●	●	●	●	●	

MANSA - NDOLA

#	DEP	ARR	M	T	W	T	F	S	S
333	12:45	13:30	●	●	●	●	●	●	

BOOKINGS

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PROFLIGHT RESUMES LUSAKA-DURBAN ROUTE



Zambia's leading regional airline, Proflight Zambia, has relaunched its direct Lusaka-Durban route starting from April 2023, continuing its ambition to expand its regional network and business.

Durban becomes the second international destination in South Africa serviced by Proflight. The airline will operate flights on Thursdays beginning April 6 and Sundays beginning April 16, with a special Tuesday flight on April 11 for Easter weekend returns. On other days, flights are available to Durban via Johannesburg.

Flights depart Lusaka from Kenneth Kaunda International Airport at 09:00hrs, arriving in Durban at King Shaka International Airport at 11:30hrs. The return flight leaves Durban at 12:30hrs, arriving in Lusaka at 15:00hrs.

"We are delighted to announce that Lusaka-Durban direct flight is coming back this April," said Proflight Zambia Director Flight Operations Captain Josias Walubita.

The Lusaka-Durban route was stopped during the COVID-19 pandemic in 2020. The airline continues to follow health safety measures and adheres to public health guidelines on COVID-19 throughout the journey.

Capt. Walubita said the airline's resumption of the Lusaka-Durban route was a clear indication of its commitment to growth and regional expansion. The airline believes this expansion will provide its customers access to two key commercial centres in South Africa: Johannesburg and now Durban.

The route will be serviced by Proflight's CRJ-100 and CRJ-200 aircraft, providing passengers with comfortable travel options. Schedules and fares are available for booking on the airline's website, www.flyzambia.com.

Durban enjoys significant demand for flights to South Africa and is South Africa's second most crucial manufacturing hub after Johannesburg, with several major multi-national companies.

PROFLIGHT PROMOTES NC'WALA WITH SPECIAL FLIGHTS



Zambia's leading airline continues to promote cultural exploration and tourism by offering discounted flights for the Nc'wala traditional ceremony. Proflight Zambia offered customers a 10% discount on fares for travellers flying to Eastern Province to enjoy the Nc'wala traditional ceremony.

The airline offered the fare reduction on return flights scheduled on its Lusaka-Mfuwe route for travellers heading to the ceremony between February 22 and March 1, 2023.

"In the spirit of unity with our Ngoni cousins, and in recognition of the important role of traditional ceremonies, we were pleased to announce a special 10% discount for travellers who flew to the Nc'wala traditional ceremony in Chipata, connecting via our Lusaka-Mfuwe route," said Proflight Zambia Director Flight Operations Captain Josias Walubita.

"Proflight remains excited to play a part in supporting and promoting Zambian tourism and culture by providing a safe and reliable means of transport that is fast and convenient to travellers attending and participating in the activities at the ceremony," he added.

The Nc'wala traditional ceremony is a thanksgiving ceremony held by the Ngoni people every year at Mtenguleni Village in Chipata district in Zambia's Eastern Province. The ceremony's purpose is to give thanks for the first harvests of the season. This ritual has been passed on to current generations by Ngoni ancestors who trace their origins to the Zulu people of South Africa. The Nc'wala takes place every year on the last Saturday of February.

This year's Nc'wala was historic as Paramount Chief Mpezeni of the Ngoni people celebrated the ceremony in the 40th year of his reign. People from all backgrounds attended and participated in the ceremony held on February 25, 2023.

A JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP



Meet Modestus Mwachindalo, one of Proflight Zambia's longest-serving employees, who has had an incredible 18-year journey of self-development at the leading local airline, rising from general worker to human resource manager thanks to hard work, continuous education and determination.

Modestus' journey in aviation began after he completed high school in 2004. While still in high school, he went to pray and fast with his friends; three of them said they wanted to be pastors. Modestus, however, told them that he lived near the airport, so he would get a job there. "As soon as we wrote our exams, I stayed home a few days and went straight to Proflight to get a job. I've been here since then," Modestus said.

His passion for aviation was planted as a young boy living close to Kenneth Kaunda International Airport, a site where he and his friends would go to watch planes fly.

It was in 2005 when he joined Proflight as a general worker, and since then, he has grown within the company.

After being a general worker for a few months, he worked as an accounts clerk for eight years, learning accountancy and starting foundation studies for ACCA (the Association of Chartered Certified Accountants).

Modestus was later transferred to the newly established service centre in charge of procurement. There he worked as a senior service centre assistant. This new role also provided cover to the HR manager. From 2019 to 2020, Modestus assumed both service centre manager and HR manager roles, as both positions were vacant at the time. Since mid-2021, he has held the sole function of human resource manager.

"As a human resource manager, I contribute to the company by ensuring that the right people are brought into the company and are doing the right thing at the right time to ensure that our company is moving forward in the right direction," he added.

Modestus, who has a diploma and a degree in human resource management, believes that the sector plays a significant role in the aviation industry. By fulfilling the organisation's commitments, such as talent acquisition, performance management and maintaining a healthy work environment, the company has progressed because it has the right people with the right skills for the job.

"Before Proflight became a scheduled airline, it was a charter company. I used to interact with many people and continue to do so today. My passion in this field has grown by meeting and working with a diverse set of people; it's such a wonderful experience."

"We have internal training for soft skills and send employees to enhance their skills. The aviation industry is highly regulated; licensed employees like pilots, cabin crew and engineers need to have training often so that they remain up to date with their requirements," he said.

The goal-driven man said that his job's best part is helping solve employee and organisational challenges.

"I wish to encourage young professionals because everything is possible; all we need to do is believe in ourselves. Add a little effort, love what you do and remain focused. A journey of a thousand miles begins with one step. I have not worked for any other organisation but Proflight Zambia. The past 18 years have been nothing short of amazing," Modestus concluded.



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Days: Thursday, Sunday
Time: 12:30 - 15:00hrs

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BOMBARDIER CRJ100 / CRJ200



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3	26.51m	21.03m	20ft	2159kg	41000ft	682km/h	50

JETSTREAM 4100



FLEET	LENGTH	WING SPAN	HEIGHT	FUEL CAPACITY	MAX ALTITUDE	SPEED	MAX PASSENGERS
3	19.25m	18.29m	5.75ft	2600kg	25000ft	550km/h	29

JETSTREAM 3200



FLEET	LENGTH	WING SPAN	HEIGHT	FUEL CAPACITY	MAX ALTITUDE	SPEED	MAX PASSENGERS
1	14.37m	15.85m	5.37ft	1474kg	25000ft	445km/h	18

TRAVEL TIPS

FLYING COMFORTABLE

- Before you fly, get a good night's sleep. Rest and some light exercise will help you cope on your journey.
- Wear loose, comfortable clothing and shoes that are not too restrictive.
- Eat a light, well-balanced meal before you travel and opt for a smaller helping than normal on the plane.

SAFETY

- A Preflight safety demonstration is always made before take off. A safety pamphlet is also provided at your seat. Please familiarize yourself with its important information and note the nearest emergency exit.

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- Smoking on board is strictly prohibited. This includes any artificial device or e-cigarettes.

ELECTRONIC DEVICES

- Please ensure that all electronic devices are turned off before taxiing and take off as they may interfere with the safe operation of the aircraft. These include cellphones, laptops, remote controlled games,

BAGGAGE ALLOWANCE

- In addition to the carry on luggage allowance provided herein, each passenger may carry without additional charge, the following carry on items the weight of which shall not exceed 5kg. The carry on items are permitted for use during the flight and when retained in the passengers' custody as listed here below:
- A lady handbag, pocket book or purse, which is appropriate to normal traveling dress and is not being used as a container for the transportation of articles, which would otherwise be regarded as baggage.
- Laptop
- An overcoat, wrap or blanket
- A small camera and/or a pair of binoculars
- Reading material
- Infant's food for consumption in flight.
- Infant's carrying basket

PROHIBITED GOODS

Banned, restricted and dangerous goods are articles or substances that are capable of posing a risk to health, safety, property or the environment.

If you wish to travel with any such goods or material, please be aware of the restrictions or steps you may have to take if wishing to travel on a Proflight Zambia service.

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fuels, paint. All safety
matches and fire lighters

CORROSIVES
such as acids, alkali wet
cell batteries and apparatus
containing mercury



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SAFETY MATCHES MAY BE CARRIED ON
THE PERSON.

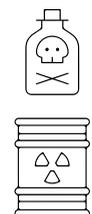
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